



# ST PAUL'S PRIMARY SCHOOL NEWSLETTER

*St Paul's Primary School is committed to the care, wellbeing and protection of children, young people and vulnerable people in our community*



LORD,

Thank you for the gift of this season of Lent.  
As we enter another week of my Lenten journey,  
guide us to the path that leads to you.

Fill our heart with gratitude, patience, strength, and peace  
as we strive to become the best version of ourselves.

Help us become a better person,  
let us hear your voice as I go through my day.

Help me to accept others, showing them your great love not judgement.

AMEN

## Dates To Remember:

**Term 1: Monday, 30 January - Wednesday 5 April**

### MARCH:

- Monday, 20: 3/4 Life Saving Incursion
- Tuesday, 21: Harmony Day - wear a splash of orange!
- Wednesday 22: Classroom Helper Session 2 at 2.30pm
- Wednesday 22: Grade 4 girls - MERCY EXPLORE DAY
- Thursday 23: Harmony Week Whole School incursion - Majeda Beatty
- Friday 24: National Ride2School Day
- Monday, 27: Prep Fire Education Incursion
- Monday, 27: St Paul's Open Day 9.30 - 11.00am
- Wednesday, 29: Sacrament of Penance - Family Night 6.45pm
- Wednesday, 29: St Paul's Open Day 9.30 - 11.00am
- Friday 31: Colour Fun Run
- Friday 31: Last Day to hand in orders for Hot Cross Bun Drive

### APRIL:

- Monday, 3: 3/4 Life Saving Excursion
- Wednesday, 5: Last Day of Term 1 for students - 3.30pm finish
- Wednesday, 5: Legacy Excursion Senior Student Leaders
- Thursday, 6: Student Free Day - Staff First Aid Training for staff
- Friday 7: April Good Friday
- Sunday 9: April Easter Sunday
- Monday, 24: Term 2 Commences
- Tuesday, 25: Anzac Day Public Holiday
- Wednesday 26 - 28: Senior Camp

**NO  
SCHOOL  
ASSEMBLY  
THIS  
MONDAY**

St Paul's acknowledges that our school is on the land of the Wurundjeri people of the Kulin Nation and pay our respects to their elders, past, present & future

# FROM THE PRINCIPAL

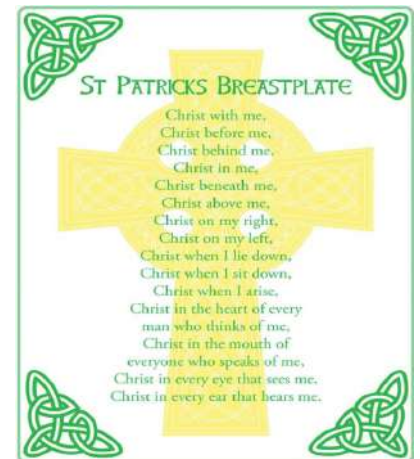
## *A message from Principal, Maria Mercuri*

I hope all families had a well earned long weekend break. The long weekend was a welcome break from routine and an opportunity to re-energise. We have only three weeks to the end of another term. It has been a very productive term so far with our school routines and learning focus firmly established. Our Preps have settled into school on a full time basis.

**Catholic Education Week** - This week we celebrate Catholic Education Week. The theme is: **Forming lives of faith, hope and love in the light of Christ**. We are very fortunate to have Catholic schools, such as St Paul's, in Australia to support children in their education and spiritual growth. You have all chosen St Paul's as a place to for children to go to school. We, as staff have chosen St Paul's as place to work, knowing the important job we have in making a difference in the lives of all children who enrol at St Paul's.

### Today is **St Patrick's Day**

Catholic Education week is always held to coincide with St Patrick's day. St Patrick is known as one of the most influential missionaries in the Church's history. He was sent to Ireland and become a bishop. A man of deep faith, Patrick spread the Word of Jesus. He worked night and day to share his faith with the people of Ireland.



Our last three weeks are filled with some exciting activities for our children.

On **Tuesday, 21 March**, we celebrate **Harmony Day**. We ask that all children add a touch of orange to their uniform on that day for example socks, ribbons, wristband, etc. **Harmony Week** will be celebrated with a performance from a Aboriginal and Torres Strait Islander performer: Majed Beatty. This will take place on Thursday 23 March. Children will also participate in learning activities that promote acceptance, understanding and inclusiveness with the theme **EVERYONE BELONGS**. **Harmony Day** is a celebration of our cultural diversity – a day of cultural respect for everyone who calls Australia home.

On **Friday 24 March** we have National **RIDE2SCHOOL** Day. This year we are inviting all children to ride or scoot to school with a fun activity when they get to school and a healthy fruit treat.

**14 days to go...Colour Fun Run on Friday March 31.**

Please sign up at <https://www.schoolfunrun.com.au/>

**This year the Colour Fun Run will be held at school from 2pm - 3.30pm.**

Lots more information in this newsletter. Keep reading to find out about our Counsellor Mr Faraci and all the wonderful learning that is going on in our school.

**Last day of term 1 Wednesday 5 April. School finishes at 3.30pm**

# FROM THE PRINCIPAL

## Congratulations and Well Done to...

Sadie and Tiffany who participated in the next level at Division swimming.

Shelby and Julian who were selected to be part of SAP Football Victoria program.

**Hot Cross Buns** - Delicious Hot Cross Buns from O'Heas Bakery are available as part of our Easter Fundraising. Please fill out an order form and return to school by **Friday 31 March** for delivery on Wednesday April 5.

## HAPPY BIRTHDAY!



March Birthdays!

Wishing the following students  
a blessed & joyful birthday!

Patrick L - 12th  
Fletcher M - 18th  
Shivans A - 19th  
Santiago C - 19th  
Arion T - 19th

## ACTION FOR HAPPINESS

Let's take action to be Happier and Kinder, Together

Mindful March 2023

MONDAY



6 If you find yourself rushing, make an effort to slow down

TUESDAY



7 Take three calm breaths at regular intervals during your day

WEDNESDAY

1 Set an intention to live with awareness and kindness

THURSDAY

2 Notice three things you find beautiful in the outside world

FRIDAY

3 Start today by appreciating your body and that you're alive

SATURDAY

4 Notice how you speak to yourself and choose to use kind words

SUNDAY

5 Bring to mind people you care about and send love to them

13 Pause to watch the sky or clouds for a few minutes today

14 Find ways to enjoy any chores or tasks that you do

15 Stop. Breathe. Notice. Repeat regularly

16 Get really absorbed with an interesting or creative activity

17 Look around and spot three things you find unusual or pleasant

18 Have a 'no plans' day and notice how that feels

19 Cultivate a feeling of loving-kindness towards others today

20 Focus on what makes you and others happy today  
dayofhappiness.net

21 Listen to a piece of music without doing anything else

22 Notice something that is going well, even if today feels difficult

23 Tune into your feelings, without judging or trying to change them

24 Appreciate your hands and all the things they enable you to do

25 Focus your attention on the good things you take for granted

26 Choose to spend less time looking at screens today

27 Appreciate nature around you, wherever you are

28 Notice when you're tired and take a break as soon as possible

29 Choose a different route today and see what you notice

30 Mentally scan your body and notice what it is feeling

31 Discover the joy in the simple things of life



ACTION FOR HAPPINESS

Happier · Kinder · Together



# SPECIAL EVENTS



Let's come together to celebrate  
our cultural diversity.

Next Tuesday marks the beginning of **Harmony Week**. To celebrate cultural diversity within our school community we are lucky enough to have an Aboriginal and Torres Strait Islander performer: Majed Beatty!

## Aboriginal and Torres Strait Islander Performer Majed Beatty



Taking you on a journey of Australia's First Nation Dreamtime through an interactive and vibrant experience, Majeda Beatty presents both Aboriginal and Torres Strait Island cultures as well as sharing her perspective on being an Indigenous millennial woman. She believes in the importance of cultural pride and carrying on past traditions as well as moving forward in a modern world.



The performance will allow us to be immersed through song, dance, stories and language. The flags will be discussed and Majeda will present and demonstrate various instruments, artifacts and costumes specific to each culture as well as the importance of ochre and the significance of the body paint designs in aboriginal culture.

**A big THANK YOU to our  
Parents and Friends for  
funding this whole school  
performance!**



## REMINDER

**Wear a splash of  
orange!**

Please note: On **Tuesday, 21 March**, 2023 students are to wear school uniform and are encouraged to wear a splash of orange. Examples may include an orange hair tie, a t-shirt (on top of their uniform), orange socks, an orange wristband, etc...

# FROM THE OFFICE

## 2023 SCHOOL FEES

School Fee invoice statements have been emailed.

Please contact the office if you did not receive an email.

If you have not handed in a Payment Options Form please do so as soon as possible or collect one from the office. For any enquiries please contact Ms Jo or Ms Marilena in the office. [office@spcoburg.catholic.edu.au](mailto:office@spcoburg.catholic.edu.au)

## REPORTING ABSENCES

If your child is absent from school, you can report it in the following ways:

Skoolbag App



Email:



[office@spcoburg.catholic.edu.au](mailto:office@spcoburg.catholic.edu.au)

Phone:



93548970 Option 1: Leave a message with the reason

**Report  
Student  
Absence**

## UNIFORMS - SPARTAN SCHOOL WORLD

If you require school uniform, please go to the website [www.spartanschoolworld.com.au](http://www.spartanschoolworld.com.au)

**Visit the online shop or the shop located at:**

97 Main Road, Lower Plenty, Vic 3093

Monday, Wednesday, Friday: 12pm - 5pm

1st Saturday of every month: 9am - 12pm

Spartan can be contacted Phone: 1800 815 557 or [onlineorders@spartanss.com.au](mailto:onlineorders@spartanss.com.au)

**Spartan will deliver to school for you to collect from the school office, or home delivery for \$9.95 extra. Returns of incorrect sizes can be arranged through Spartan.**

Orders from Spartan are dispatched on Wednesday and are delivered to school on Thursday.

**SECOND HAND UNIFORM** is available via email only. [office@spcoburg.catholic.edu.au](mailto:office@spcoburg.catholic.edu.au)

**Items are \$10 a piece in cash only.**

Please email the office with your uniform item requests.

The office will get back to you via email if the items are available.

## CLASSROOM CUISINE

Classroom Cuisine is our online lunch order system. It is a convenient and user friendly service providing high quality school lunches at an affordable price.

Classroom Cuisine delivers lunches to St Paul's on **FRIDAY**.

The menu is available online.

**Please visit the website below and register your child and order lunches-**

[classroomcuisine.com.au](http://classroomcuisine.com.au)

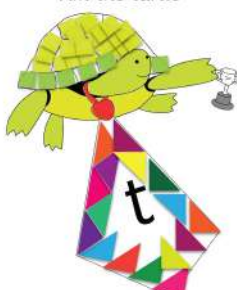


# DREP

We have had another wonderful week of learning! This week we explored the letter/sound **Tt** and made some turtley awesome turtles. We explored sorting objects into groups and creating patterns. We also experienced a Teddy Tea Party with our favourite stuffed toys to celebrate our letter of the week.



Tim the turtle





# YEAR 1/2

We have been reflecting on the events of **Holy Week** as the children have completed our **Stations of the Cross** for the school walk and reflect activity. We visited the Church to see how the stations are represented and tell the story of Jesus on his final journey. The children learnt about St Patrick and his importance in the Catholic tradition as we prepare for Easter.





# YEAR 3/4

We have been very busy this week in Grade 3/4!

Our Year 3's have done an amazing job completing their Writing, Reading and Language Conventions NAPLAN assessments.

We are so proud of you all, and remember there is no 'test' that can measure how AWESOME you are!  
The final NAPLAN assessment will be the Mathematics next Wednesday (22 March)



YOU ARE  
AMAZING

*Here is a  
sneak peak  
into 3/4ST  
Station of the  
Cross artwork*

## Reminders for Week 9

**Monday** - Life Saving incursion

**Tuesday** - Harmony Day - you can wear a splash of **orange**!

**Wednesday** - Mathematics NAPLAN

**Thursday** - Majeda Beatty whole school performance

**Friday** - Ride2School day!





# SENIORS





# STEM

## WHAT HAVE THE PREPS BEEN UP TO IN STEM?

Preps have been learning about flight, by building paper aeroplanes.



The Preps also learnt about the science of bubbles. Ask a Prep - What food is like a bubble?



We can't forget the yummy 3D shapes we made.





# HELLO FROM MR FARACI THE SCHOOL COUNSELLOR



Dear Families,

This year I continue my role at St Paul's working as the school counsellor.

Counselling is a passion of mine and I am blessed to have the opportunity to work in this field at St Paul's.

As a school counsellor, my job is to talk to the children when they have a problem that they would like help with. Sometimes these problems are big and I speak with these children a few times over a school term. Sometimes, these problems are small and children only speak with me once. Examples of things I might talk to children about include problems at home, fights with friends and feeling angry, sad or worried at school.

As part of my work, I also visit classrooms and explore with children some concepts that help them problem solve, develop resilience tools and techniques, build relationships and feel good about their school experiences. This term, I worked with the children on the concepts of "all feelings are okay" and building relationships with classmates and teachers.

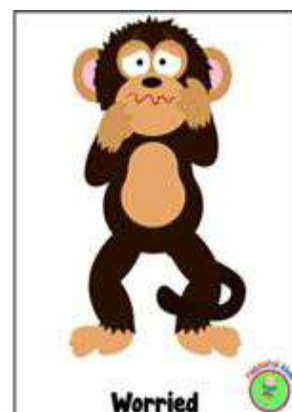
I would be more than happy for families to telephone the school should you have any further questions or if you would like your child to speak with me. Please note that I work at St Paul's on Mondays and Tuesdays.

I look forward to being of service this year and I welcome any student or family member to reach out if I can be of help.

**Edward Faraci**



# HELLO FROM MR FARACI THE SCHOOL COUNSELLOR



**Circle Time** gives an opportunity for children and their teachers to sit together and discuss key ideas, concepts and feelings within a speaking and listening context.

The purpose of Circle time is for children and teachers to develop ideas about working together in a way that helps them feel good about themselves, others and their world. Last week, I sat with the Year Prep children and their teachers. We explored the idea that all feelings are okay and that there are always things we can do to feel better if we do not like the way we feel.



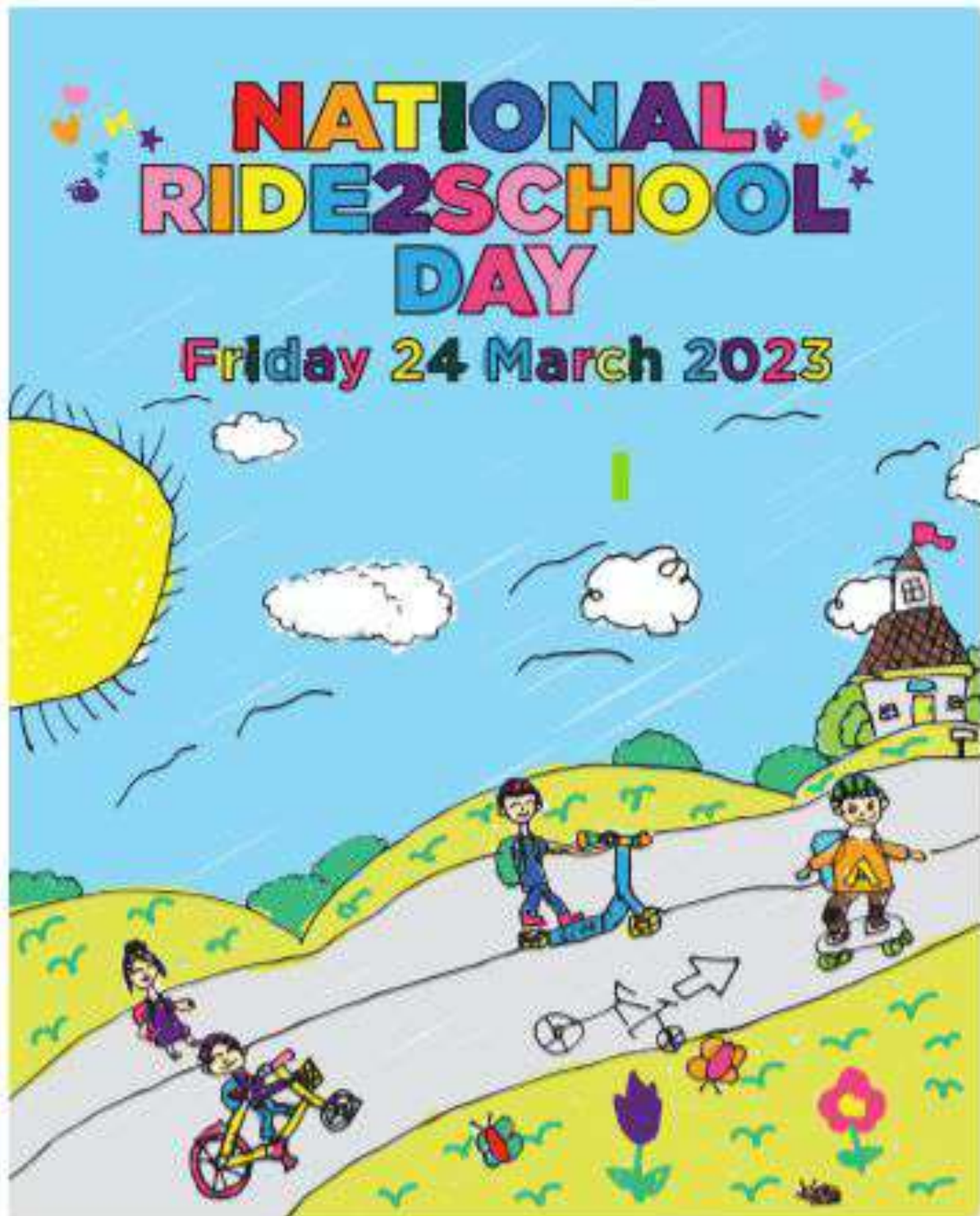


# SCHOOL COMMUNITY

## National Ride2School Day

Friday 24th March

We are very excited to be taking part in the **National Ride to School Day** on Friday the 24 March. National Ride2School Day is the perfect opportunity for students to embrace a healthier start to their day. More information about this event will be shared with you on SeeSaw.



# SCHOOL COMMUNITY

**THE BIG DAY IS  
COMING!**



Please get behind this fundraiser, and come along on the 31st March to watch the fun – or perhaps get coloured!!!

**When:** 2:00pm Friday 31st March

Please note the time change.

**Where:** School Oval

**Who:** Students, teachers and parents

**What:** wear your whitest T-shirt, comfortable pants and old runners. Don't forget to bring a couple of old towels for your car seats – the kids are going to be full of beautiful colours!!!



## Don't forget to register

STEP 1- LOG ON : [https:// schoolfundraising.com.au/](https://schoolfundraising.com.au/)

STEP 2- SIGN UP

STEP 3-CREATE A PROFILE

REGISTER	LOGIN
<b>PARENT/GUARDIAN LOGIN</b>	
Fundraising powered by <b>JustGiving</b>	
EMAIL ADDRESS*	
<input type="text" value="email@example.com"/>	
PASSWORD*	
<input type="password"/>	
<b>Submit &gt;</b>	

***Let's get ready for a fun day filled with bright  
smiles and bright colours!  
Turning your children into running rainbows of happiness!***





ST PAUL'S  
PRIMARY SCHOOL  
COBURG

# 2024 OPEN DAYS

*Wellbeing  
and learning  
for all*

Call our  
office to  
book your  
spot!



**Monday 27 March 9.30am**

**Wednesday 29 March 9.30am**

**After hours tours available!**

office@spcoburg.catholic.edu.au  
562 Sydney Rd Coburg  
www.spcoburg.catholic.edu.au

**9354 8970**





## Hot Cross Bun Fundraiser

Dear Families,

As part of our 2023 fundraising, we would like to offer a Hot Cross Bun Drive this Easter. A school family business we all know, O'Heas Bakery, are supplying the buns. O'Heas Hot Cross Buns are handmade, fresh daily and have no added preservatives.

We are selling a pack of 6 Hot Cross Buns for \$10. Two great flavours available - Choc Chip or Traditional with fruit. You can pay by cash or EFT

If you would like to place an order please place an and return to school by Friday 31<sup>st</sup> March.

Delivery will be Wednesday 5<sup>th</sup> April.

Kind Regards,

Parents and Friends

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### HOT CROSS BUN FUNDRAISER ORDER FORM

Child's Name: \_\_\_\_\_ Class: \_\_\_\_\_

FLAVOUR	NUMBER OF 6 PACKS	CASH TOTAL	EFT TOTAL
Choc Chip			
Traditional			

EFT: St Pauls Fundraising Account

BSB: 083347

ACCOUNT NUMBER: 924383099

REFERENCE: Child's name (*and code*) HXB



Come and learn to  
sew your own reusable  
produce bags

*at Pentridge*

Friday 24 & 31 March

3pm – 6pm

Zero Waste Victoria will be holding  
workshops to teach you how to make  
your own reusable produce bags.

Gold coin donation with proceeds  
going to Coburg Community Garden.



PENTRIDGE  
COMMUNITY  
GARDEN



ACTIVE

Merri-bek

FUN  
RUN &  
WALK

5km  
Walk/Run

OR

10km  
Run

9AM SUNDAY 26 MARCH 2023  
COBURG OLYMPIC SWIMMING POOL



SCAN TO REGISTER NOW

All ages and abilities welcome! Bring your friends and  
family to run or walk around Merri Creek's picturesque trails.

All proceeds raised from the Active Merri-bek Fun Run and Walk will help us continue to  
provide access for young people facing disadvantage to all of The Y's programs and services.



#ActiveMerri-bek

2023-03-17 11:17

@pentridgeretail

See our website and socials for more info



KITCHEN KAPERS

*at Mercy College*

YEARS 4 TO 6 GIRLS AFTERSCHOOL PROGRAM



AN EXCITING 4 WEEK COOKING PROGRAM THAT WILL  
SPARK CREATIVITY AND NEW LEARNING EXPERIENCES.

When: Tuesday 14, 21, 28 March and Tuesday 4 April 2023

Time: 4.00pm - 5.00pm

Where: Mercy College, 760 Sydney Road, Coburg 3058

Cost: \$20.00

Register via the QR code or visit  
[www.trybooking.com/CGHJT](http://www.trybooking.com/CGHJT)



For further information, please  
contact the College on 9319 9299.

