



# ST PAUL'S PRIMARY SCHOOL NEWSLETTER

*St Paul's Primary School is committed to the care, wellbeing and protection of children, young people and vulnerable people in our community*

## A PRAYER FOR NATIONAL RECONCILIATION WEEK



Lord, open our hearts so that we may hear the message you teach  
Of a world in which the wrongs of the past are recognised,  
A world in which a reconciled people walk and talk together sharing stories;  
A world in which all burn with the desire to have your peace and justice reign.  
We ask this in Jesus' name

## Dates To Remember:

**Term 2: Monday, 24 April - Friday, 23 June**

### JUNE:

- Thursday 1:** P&F Meeting @ 2.30pm (Staff room)
- Monday, 12:** King's Birthday Public Holiday
- Thursday, 15** Year 1/2 Family Coffee Chat - St Paul's staffroom @ 8.40 - 9.15am
- Thursday, 22:** St Paul's Feast Day
- Friday, 23:** Student reports sent home
- Friday, 23:** Last Day of Term 2 - 1.00pm finish

### JULY:

- Monday, 10:** Term 3 commences

**MONDAY,  
5 JUNE  
3/4MO  
ASSEMBLY**

St Paul's acknowledges that our school is on the land of the Wurundjeri people of the Kulin Nation and pay our respects to their elders, past, present & future

# FROM THE PRINCIPAL

*A message from our Acting Principal, Stephanie Stedman*



Dear Families,

As National Reconciliation Week draws to a close, we reflect and understand that it is a time for all Australians to learn about our shared histories, cultures and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia.

This week, our St Paul's students have embraced the theme, 'Be A Voice for Generations'. They have come together, working alongside each other to be a voice for reconciliation. It was wonderful to see the children supporting Reconciliation Week as they came to school dressed in yellow, red and black. The children have also been learning songs and creating a whole school display.



## Merribek Children's Reference Group

On Wednesday, two students Graysen and Emilia represented St Pauls at the Merribek Children's Reference Group, held at the Merri-bek Civic Centre. The students met Cr Annalivia Carli Hannan, and listened as she shared her experiences of being part of Council and how she represents the community. Later they met Kathryn who spoke to the students about the Open Space Strategy which includes parks and playgrounds. After listening to Kathryn the students were asked about their ideas on how they can be improved for children. The students were rewarded with some delicious morning tea.

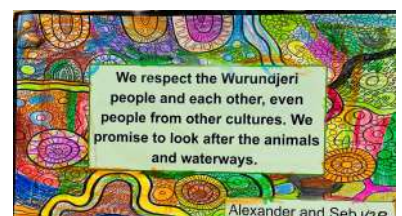


I hope everyone has a wonderful weekend.

God Bless,

**Stephanie**

[sstedman@spcoburg.catholic.edu.au](mailto:sstedman@spcoburg.catholic.edu.au)



# FROM THE PRINCIPAL

*A message from our Acting Principal, Stephanie Stedman*

## WELLBEING

### Battling Coughs, Sneezes and Little Diseases...



Even though yesterday was officially the first day of winter, winter in Melbourne has certainly come early. We have seen temperatures drop, the rain arrive and the coats and beanies have come out. All of this has been accompanied by the many illnesses that winter brings. Over the last couple of weeks, we have seen an increase in classroom colds, viruses and covid seems to be creeping back in.

It can be difficult for families to know when their child is sick enough to need to stay at home. If your child is presenting with a cough, is sneezing or has a runny nose, please try to establish whether or not they can comfortably participate in daily school activities. Sending your child to school when they are unwell, compromises the health of others. Here at St Paul's it is our aim to maintain the health of all children, staff and their families, ensuring a healthy environment and minimising cross contamination and the spread of infectious illnesses. If in doubt, it's best for parents to ask themselves:

- Is my child well enough to take part in the day's activities?
- Will my child pass on their illness?
- If I felt like this, would I go to work?

If you are unsure about your child's health, seek professional advice. Some tips to help prevent the spread of infection this winter include:

- Teach your child about the importance of regular hand washing and ensure they do it at set times, such as after going to the toilet, before meals and snacks and after getting home from a day out.
- Teach your child to avoid touching their eyes or nose and to sneeze or cough into the crook of their arm.
- Ensure they get plenty of sleep, fresh fruit and vegetables and fresh air.

## CONGRATULATIONS EMMA H (3/4DM)



**CONGRATULATIONS TO EMMA H** who participated in the inter-school chess tournament. She won 7 out of 7 rounds, the only player with a full score of 7. Therefore she received Star of the Tournament Trophy, and High Distinction Certificate! She's proceeding directly to the State Final for Primary Girls, and the State Semifinal for Primary Open.

We are very proud of Emma and our community celebrates her achievement!

# FROM THE PRINCIPAL

## HAPPY BIRTHDAY! MAY/JUNE BIRTHDAYS!



Wishing the following students a blessed & joyful birthday this week:

**Emiliana S (1/2P) - 29 May**  
**Joden George (3/4ST) - 4 June**  
**Nikolaos K - (3/4M) 4 June**  
**Giulio L (Prep B) - 4 June**

## Joyful June - Let's look for what's good.

Joyful June 2023

MONDAY



5 Think of 3 things you're grateful for and write them down

TUESDAY



6 Get out into green space and feel the joy that nature brings

WEDNESDAY



7 Do something healthy which makes you feel good

THURSDAY

1 Decide to look for what's good every day this month

8 Find joy in music: sing, play, dance, listen or share

FRIDAY

2 Say positive things in your conversations with others

9 Ask a friend what made them happy recently

SATURDAY

3 Re-frame a worry and try to find a helpful way to think about it

10 Bring joy to others by doing something kind for them

SUNDAY

4 Take a photo of something that brings you joy and share it

11 Eat good food that makes you happy and really savour it

18 Look for something good in a difficult situation

25 Show your appreciation to people who are helping others

12 Write a gratitude letter to thank someone

13 Take a light-hearted approach. Choose to see the funny side

14 Share a happy memory with someone who means a lot to you

15 Look for something to be thankful for where you least expect it

16 Speak to others in a warm and friendly way

17 Take time to notice things that you find beautiful

19 Get outside and find the joy in being active

20 Rediscover and enjoy a fun childhood activity

21 Send a positive note to a friend who needs encouragement

22 Watch something funny and enjoy how it feels to laugh

23 Create a playlist of uplifting songs to listen to

24 Bring to mind a favourite memory you feel grateful for

26 Make time to do something playful, just for the fun of it

27 Be kind to you. Do something that brings you joy

28 Notice how positive emotions are contagious between people

29 Share a friendly smile with people you see today

30 Make a list of the joys in your life (and keep adding to it)



ACTION FOR HAPPINESS

Happier · Kinder · Together

# FROM THE OFFICE

## STUDENT ABSENT / LATE NOTIFICATIONS

For a child's absence please notify the office or the classroom teacher no later than 9.30am. If you have not notified the the office you will receive a text message, please respond accordingly.

There are 3 ways in which you are able to record an absence:

- Audiri app (Skoolbag app) - Forms
- Phone - 93548970 follow the prompts
- Email - [office@spcoburg.catholic.edu.au](mailto:office@spcoburg.catholic.edu.au)

## UNIFORMS

### SECOND HAND UNIFORMS

- \$10 an item
- Email - [office@spcoburg.catholic.edu.au](mailto:office@spcoburg.catholic.edu.au)
- Packed and processed on a Wednesday only

### NEW UNIFORM - SPARTAN WORLD UNIFORM SUPPLIER

**Website:** [www.spartanschoolworld.com.au](http://www.spartanschoolworld.com.au)

**Phone:** online shop 1800 815 557

**Email:** [onlineorders@spartanss.com.au](mailto:onlineorders@spartanss.com.au)

**Shop:** Spartan School World 97 Main Road, Lower Plenty  
Monday, Wednesday, Friday: 12pm - 5pm  
1st Saturday of every month: 9am - 12pm



- Spartan deliver to school or home for a delivery fee of \$9.95.
- Returns of incorrect sizes can be arranged directly through Spartan.
- Orders from Spartan are dispatched on Wednesday and delivered to school on Thursday.

**School Shoes Reminder:** Black shoes - all black soles - are part of the St Paul's uniform. Children can wear runners on their sports day. Some black school shoes examples include:



### SKOOLBAG APP UPDATE

Please make sure that your SkoolBag App is updated for the app to work properly and to communicate effectively between school and home.



# STUDENT OF THE WEEK

TO BE PRESENTED AT ASSEMBLY ON MONDAY, 5 JUNE

Class	Name	Awarded for...
Prep D	Olivia W	For being <b>RESILIENT</b> by pushing herself to do her best during Literacy sessions, and always having a go. Well done!
	Adrian F	For being <b>RESPONSIBLE</b> by following classroom rules, being a positive role model and always looking for ways to help others. Great job Adrian!
Prep B	Chantelle L	For being <b>PREPARED</b> . Chantelle is a motivated and independent learner who cooperates beautifully with others. Well done Chantelle!
	Miles S	For being <b>PREPARED</b> . Miles is a motivated and independent student. It is great to see how your confidence in writing has grown. Well done Miles!
1/2 A	Zoe C	For being a responsible friend who is kind and caring toward others. Well done Zoe!
	Emily H	For being a responsible learner who displays a positive attitude towards school activities. Well done!
1/2 G	Ivy C	For being <b>SAFE</b> in all her actions from using the stairs to looking after classroom belongings. Fantastic work Ivy!
	Joshua S	For being <b>SAFE</b> in all his learning spaces. A super effort Joshua on keeping your bag cubby neat. This keeps us all safe.
1/2 P	Maya T	For being <b>RESILIENT</b> when faced with challenging tasks, working well with other students and being a problem-solver. Well done Maya!
	Mason D	For being <b>RESPECTFUL</b> by including others, showing kindness to everyone and using beautiful manners. Well done Mason!
3/4 DM	Nicholas Z	Being <b>RESPONSIBLE</b> by always participating and working at his best during all learning opportunities. Great job Nicholas!
	Ryan B	For being a <b>RESPONSIBLE</b> student who applies his best efforts into his learning tasks. Well done Ryan!
3/4 MO	Nonso I	Being <b>PREPARED</b> by getting equipment needed for learning and playing during the breaks.
	Rabin R	Being <b>RESILIENT</b> and trying hard to improve your handwriting. Keep it up!
3/4 ST	Joden G	For being <b>RESILIENT</b> and working hard to keep himself and his friends safe when playing outside. Well done Joden
	Meghna R	For always treating her peers and teachers with kindness and <b>RESPECT</b> . Thank you Meghna!
Senior H	Leon A	For always being <b>RESPECTFUL</b> to your peers and teachers, well done Leon!
	Esosa O	For being <b>PREPARED</b> for your learning by working really hard, especially in writing with your story called 'The Gate'.
Senior ML	Ethan B	For being <b>PREPARED</b> and focused in applying himself during writing lessons.
	Jake E	For being <b>RESPONSIBLE</b> by always listening to and following instructions of your teachers, always making good choices and thinking about your actions.
Senior O	Pari V	For being <b>PREPARED</b> and working hard on challenging area goals on Essential Assessment.
	Ben C	For consistently being safe and <b>RESPECTFUL</b> when interacting with others.

# SENIORS

## BE A VOICE FOR VOICE GENERATIONS

NATIONAL  
RECONCILIATION  
WEEK 2023

27 MAY — 3 JUNE

NRW.RECONCILIATION.ORG.AU

*This week senior students rewrote the words to our national anthem to reflect our Indigenous culture. Here are some of their lyrics.*

Australians all let us reflect  
For what we have done to our land  
Our home is yours and mine today,  
We all have freedom and care.  
For everyone on the land  
We'll make sure everyone's fair.  
In history's page, we'll start to change  
Advance Australia Fair!



Australia all let us respect,  
our past and history.  
With shining care for one  
and other,  
we shall share our land.  
With democracy to respect  
our fallen men.  
As we stole this sacred land,  
we say sorry to all!



## AUSTRALIAN National Anthem

Australians all let us rejoice,  
For we are one and free;  
We've golden soil and wealth for toil;  
Our home is girt by sea;  
Our land abounds in nature's gifts  
Of beauty rich and rare;  
In history's page, let every stage  
Advance Australia Fair.  
In joyful strains then let us sing,  
*Advance Australia Fair.*

Beneath our radiant Southern Cross  
We'll toil with hearts and hands;  
To make this Commonwealth of ours  
Renowned of all the lands;  
For those who've come across the seas  
We've boundless plains to share;  
With courage let us all combine  
To Advance Australia Fair.  
In joyful strains then let us sing,  
*Advance Australia Fair.*

Australians welcome everyone,  
for we're all family.  
With golden hearts and interesting  
weather, we'll grow to be big and  
strong.  
As mother nature gives us life,  
this wonderful country thrives.  
We sing our song loud and proud  
Advance Australia Fair.  
In joyful tunes then let us  
sing Advance Australia Fair



Australians all respect the first nations of  
this land;  
with kindness, love, and respect for our  
land,  
we thank the Aboriginal People;  
We are grateful for the beauty's we see;  
We are thankful for their forgiveness;  
In history's page, let us all change,  
Advance First Nations Fair.



Australians all stand  
one and free;  
together on this land!  
We share this gift to  
one and all.  
To care for all the  
lands;  
our home is full  
natures gifts  
of beauty, rich,  
wellfare.  
In history's page  
Australians proclaim  
Advance Australia fair!

# SENIORS



Australians all let us rejoice,  
for we are young and free,  
with kindness, peace and care we are super fair,  
with compassion and nature's beauty,  
we always have enough footy,  
the Aboriginal People take care of our land ,  
in Australia there is a helping hand,  
Advance Australia Fair! x2

The Australian land we love and trust for we are one  
and free.  
We thank the Aboriginal People for what they did in  
history and we are sorry.  
In joyful strains then let us sing  
to Advance Australia Fair.



# INTERSCHOOL SPORT

Today the seniors played their last game of Interschool Sport for the Year. We have really enjoyed competing against other schools this term and in Term One. Many thanks to the parents who have assisted in umpiring and coming along on Fridays to support us. We'd also like to thank those parents who have washed and volunteered to assist in washing the jumpers. It is all greatly appreciated.



# NATIONAL RECONCILIATION WEEK

NATIONAL RECONCILIATION WEEK 2023

27 MAY — 3 JUNE

## BE A VOICE FOR GENERATIONS

This week each year level reflected on the importance of and meaning behind National Reconciliation Week. Lots of great learning occurred throughout the school. It was wonderful to see the Aboriginal and Torres Strait Islander colours scattered throughout the playground on Thursday!

Next time you are in the Peppercorn Courtyard stop to check out the amazing 'Sea of Hands' completed by each child at St Paul's.



**YEAR 1/2 FAMILIES - SAVE THE DATE - THURSDAY, 15 JUNE!**

## Coffee Chat Thursday 15th June



**Dear 1/2 Families**

**Please join Ms Pat, Ms Gabi and Miss Alex**

**Thursday 15th June**

**for an informal coffee and chat.**

**Where: St Paul's staffroom**

**Time: 8:40 - 9:15**

Coffee Chats are a great opportunity for parents/caregivers to informally meet with your child's teacher and are highly valuable for everyone involved. It provides opportunities for information sharing and networking, thus making the community a greater and stronger presence in the school.

We look forward to seeing you!

# LIBRARY

## **LIBRARY VOLUNTEERS NEEDED!**

We are looking for volunteers to help in the library on  
Monday mornings from 9am - 10.30am

This is a great opportunity to support our community  
and the children's love of reading.

The main task will be shelving books for the student's borrowing.  
You will require a Working With Childrens Check.

We also need some helpers to cover new books - this can be done at home

Please email: [library@spcoburg.catholic.edu.au](mailto:library@spcoburg.catholic.edu.au)

if you can assist.

Thank you,  
Ms Angela



Can You  
Help?

# SCHOOL COMMUNITY

**MERCY COLLEGE**

## **ARTS IN MOTION DANCE PROGRAM FOR YEARS 4-6 GIRLS**



An exciting versatile four week dance program which will develop students' confidence, fitness levels, creativity, expressive skills and more.

### **WHEN**

Wednesday 31 May and  
Wednesday 7, 14, 21 June 2023  
4.00PM - 5.00PM

### **WHERE**

Mercy College, 760 Sydney Road,  
Coburg 3058

### **COST**

\$20

### **BOOK NOW**

[WWW.TRYBOOKING.COM/CIKTW](http://WWW.TRYBOOKING.COM/CIKTW)

Don't forget to dress comfortable!



# SCHOOL COMMUNITY

## BETTER HEALTH PROGRAM

**FREE program for  
children and  
families  
on how to create  
healthy habits!**

**10 free calls with  
dietician/nutritionist**



**Sign up for a place  
mid 2023**

**FREE  
prizes**



**Want to prepare  
your kids for a  
healthier future?**

## BETTER HEALTH PROGRAM

Is your child...

- Aged 7-13 years old?
- In need of support to improve eating and activity habits?

Better Health Program is a **free**, 10-week, online program for eligible children and families.

There are weekly online sessions, **free** resources, including a Garmin watch, and weekly coaching calls. These are with a qualified health coach who gives you professional advice and helps keep

MONASH University

**Sign up today!**

[www.betterhealthprogram.org](http://www.betterhealthprogram.org)

1300 822 953



[facebook](https://www.facebook.com/betterhealthprogram) [instagram](https://www.instagram.com/betterhealthprogram) [facebook](https://www.facebook.com/betterhealthprogram)



## 2023 SCHOOL HOLIDAY PROGRAM

Melbourne University Sport welcomes your children to join us for multi-sport and sport specific programs during the school holidays. These programs take place in Parkville at the Melbourne University Sport Precinct.



### Sports include:

**Athletics** | Tennis | **Cricket** | Dance |  
**Soccer** | Football | **Netball** | Fencing  
**T Ball** | Volleyball | **Science** | Robotics  
**Dodgeball** | Ultimate Frisbee |  
**Table Tennis** | Lacrosse

### Program details:

**Dates:** 26 June - 7 July  
**Timings:** Drop-off from 8am  
Activities from 9am - 3:30pm  
Aftercare from 3:30pm - 5:30pm  
**Location:** Melbourne University  
Sports Precinct, Parkville



### FOR MORE INFORMATION:

[holidayprogram-sport@unimelb.edu.au](mailto:holidayprogram-sport@unimelb.edu.au)  
[sport.unimelb.edu.au/programs/sport-camps](https://sport.unimelb.edu.au/programs/sport-camps)



**Year 7 Information Evening  
All Year 4-6 Families Welcome  
Wednesday May 31**

**What Makes Parade College Unique?**

Tours of the College commence at 5.45pm

Presentation to commence at 7pm



**BOOK NOW:** [www.parade.vic.edu.au](http://www.parade.vic.edu.au)

Parade College 1436 Plenty Rd Bundoora | 9468 3300

