

ST PAUL'S PRIMARY SCHOOL

NEWSLETTER

St Paul's Primary School is committed to the care, wellbeing and protection of children, young people and vulnerable people in our community



God grant us the serenity

to accept the things we cannot change,

the courage to change the things we can,

and the wisdom to know the difference.



AMEN

Dates To Remember:

Term 3: Monday, 10 July - Friday, 15 September

JULY:

Monday, 31: Assembly 2.45 - 3.15pm - Year 1/2G presenting

AUGUST:

Tuesday, 1: Parent/Teacher Interviews 3.45 - 4.30pm
Wednesday 2: Parent/Teacher Interviews 3.45 - 4.30pm
Thursday, 3: Parent/Teacher Interviews 1.15 - 6.00pm -

SCHOOL FINISHES AT 1.00PM

Friday, 4: Australian Primary Principal Day

Monday, 7: Assembly 2.45 - 3.15pm - Year 5/6H presenting

Monday, 14: Bully Zero Incursion - Prep to 6

Monday, 14: Book Week Author Visit Years 3 - 6 - Tim Harris

Friday, 18: Pupil Free Day - No School (Staff Professional Development)

Monday, 21st: Book Week Author Visit Prep - Year 2 - Corrine Fenton

Thursday, 24th: Book Week Dress Up Day & Parade (10am) - Parents welcome!

Tuesday, 29 Aug -

5th September: BOOK FAIR

ASSEMBLY!
MONDAY,
31 AUGUST
1/2G
PRESENTING

FROM THE PRINCIPAL

A message from our Principal, Maria Mercuri

NAPLAN - Congratulations and well done to our Year 3 and Year 5 students on their 2023 NAPLAN results. NAPLAN results for Years 3 and 5 will be sent home to families on Monday. Parents will receive a letter about NAPLAN, a flyer explaining the new assessment of NAPLAN and the student report. Please check your child's bag.

Parent Teacher Learning Conversations will be held next week, on Tuesday, Wednesday and Thursday. Thank you to all families who have already booked a time with their child's teacher. If you haven't booked a time, please book via https://www.schoolinterviews.com.au/code/2v66e Check your email for further details.

School will finish at 1pm on Thursday 3 August.

Academy For Kids will operate from 1pm on this day.

Staff News - Mrs Leah Marino will taking Performing Arts classes for the rest of the year replacing Mrs Cobie while she is on parental leave. Mrs Leah is known to our school community, she was our replacement Year 5/6ML teacher while Maria and Lisa were on leave.

Pupil Free Day Staff are participating in professional development on Friday 18 August. There will be no school on this day. Academy For Kids will be available.

Car Park safety - A reminder to all our families that the safety of our children is of utmost importance. When entering and exiting our carpark - please be mindful of driving at 5KM SPEED LIMIT. Our car park area is available for parents to park for drop off and pick up. Please park in designated car spaces. Thank you to everyone for keeping our community safe.

Intentions for 2024- It's that time of year when we are starting to plan for 2024. If your child is not returning to St Paul's in 2024 (other than Year 6), please let us know in writing via email to office@spcoburg.catholic.edu.au



Have a great week. Maria Connecting with our Community - Brunina amd Danielle our Prep teachers have made great connections with our local child care and kindergartens. Brunina was invited by Anne Sgro Child Care Centre to speak about School Readiness to parents with children beginning school in 2024. Brunina spoke about developing independence in children to get them ready to begin school. Well Done Brunina, a great promotion for St Paul's school.



Congratulations to Miss Danielle on the announcement of her engagement to Daniel. We are so thrilled for you both and wish you every blessing.

FROM THE PRINCIPAL

HAPPY BIRTHDAY!



Wishing the following a blessed & joyful birthday!



JULY



Talia L - 25th Lucinda M -28th Olivia W - 29th



Jump Back Up July - Let's find ways to bounce back!

TUESDAY

Find

something to

look forward

to today

ump Back Up July 2023

SATURDAY

help overcome a problem

Avoid saying "must" or "should" to yourself today

Find 3 things you feel hopeful about and write

Be a realistic optimist. Focus on what could

them down

Reach out to a friend, family member or colleague for support

SUNDAY

Adopt a

growth mindset

Change

"I can't" into

"I can't...yet"

in perspective by seeing the bigger picture

Find fun

ways to distract

yourself from

unhelpful

thoughts

MONDAY

Reach out to someone you trust and share your feelings with them

your strengths to overcome a challenge today

Choose to see something good about what has gone wrong

Let go of

the small stuff

and focus on

the things that

matter

WEDNESDAY

right: eat well, exercise and go to bed on time

Write your worries down and save them for a specific 'worry time'

Catch yourself over-reacting and take a deep breath

THURSDAY

Pause, breathe and feel your feet firmly on the ground

negative thoughts. Find an alternative

Get outside and move to help clear your head

FRIDAY

When things go wrong, pause and be kind to time in your life yourself

Think about what you can learn from a recent problem







ACTION FOR HAPPINESS

Happier · Kinder · Together

FROM THE DEPUTY PRINCIPAL

WELLBEING - Online safety

Dear Families,

As parents, we generally do everything we can to keep our children safe and well, from getting them to 'slip, slop, slap' before going out in the sun, to being careful when crossing a road and always wearing a helmet when cycling. **But what are you doing to protect them from bullies, predators and inappropriate content online?** Revisiting online safety with our parents is an important aspect of building awareness and continuing to keep our kids safe. I'd like to share some safety standards and basic rules that apply to keeping your child safe:

Limit their usage: Permit your child to have approximately 30 minutes a night to message or play with friends and play games. Make it a rule that family time starts with dinner. After that, the computer is only used for homework.

Keep Kids in sight: Have devices centrally located. Children are less likely to browse questionable sites or content if they know family members are present. This also helps to monitor time spent online, chosen activities and any inappropriate behaviour.

Do your homework: Check your child's browser history to know where your child goes online, and check these sites regularly. Use privacy features and security tools.





Webinars for carers and parents continue to be on offer throughout the year and are provided by the eSafety Commissioner. The 2023 webinars continue to provide parents with a broad range of topics that will keep them well informed about online safety.



FROM THE DEPUTY PRINCIPAL

WELLBEING - Online safety



eSafety Challenge

Check it out!

This latest resource from the Daniel Morcombe foundation sits alongside resources shared by the eSafety Commissioner.

Although aimed at children, this is also a great resource for supporting parents and carers to learn about online grooming, and is aligned to the Australian Curriculum and Respect programs. Parents and carers, please take the time to look at this resource and continue to be informed around online safety

That's SUSS: eSafety Challenge is the latest FREE resource developed from the Daniel Morcombe Foundation, providing children 8 to 12 years of age the skills they can use to recognise red flags, react to their body clues and learn how to report online grooming and suspicious behaviour.

Millsy is back with his sister Kristy, Zara, Jandamarra and Charlotte for this fun, choose-your-own pathway animation about online safety.

Each interactive pathway will direct users to available support systems including eSafety, Kids Helpline and ACCCE (Australian Centre to Counter Child Exploitation). That's Suss uses a strengths-based approach to online safety education which empowers children to act in a way that is safer for themselves and for others. The animation will convey key personal safety messages: that everyone has the right to be safe, including when they're online; that grooming and/or abuse is never a child's fault; and that help is always available. The resource will emphasise the importance of recognising, reacting and reporting suspicious behaviour online.

Check Out: That's Suss

If you have any concerns regarding your child's wellbeing or online safety, please contact me on sstedman@spcoburg.catholic.edu.au

I wish all our St Paul's families a safe and happy weekend.

Kind regards, Stephanie

STUDENT OF THE WEEK

TO BE PRESENTED AT ASSEMBLY ON MONDAY, 31 JULY

BE

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ESPO

NSIBLE

Class	Name	Awarded for
Prep D	Prep D	Congratulations Prep D for learning all 26 letters and sounds and becoming confident little spellers and writers!
Prep B	Prep B	Congratulations Prep B for learning all 26 letters and sounds and becoming confident little spellers and writers!
1/2 A	Zoe C	For being RESILIENT at school when faced with challenges. Fantastic effort Zoe!
	Louis N	For being PREPARED for learning and applying his best efforts into all learning tasks. Well done Louis!
1/2 G	Emiliana S	For being RESPECTFUL to her classmates and showing kindness and understanding.
	Eve T	For being RESPECTFUL to all her teachers and classmates. Eve is a kind and helpful member of 1/2G
1/2 P	Lucas Z	For being RESILIENT in your learning and for using a growth mindset when faced with new tasks. Well done Lucas - keep thinking outside the
	Harriet V	box!! For being RESILIENT when faced with new learning challenges, and working hard to complete all tasks. Keep up the great effort Harriet.!
3/4 DM	Lexi B	Always being PREPARED for learning opportunities and applying herself during class. Well done Lexi!
	Gwen S	For being RESPONSIBLE with her learning by always trying her best and always willing to help others when they need it. Thank you Gwen!
3/4 ML	Rabin R	Being RESPONSIBLE by putting in so much effort in your work. We can see so much improvement!
	Katelyn M	Being RESPONSIBLE by always trying your best in class. You are working so hard!
3/4 ST	George S	For being PREPARED by getting himself organised for learning and being ready to give new challenges a go! Well done George!
	Alexandra Z	For being RESPONSIBLE with her learning by always trying her best and always willing to help others when they need it! Thank you Ally!
Senior H	Kleio T	For being RESPECTFUL by always using your manners, and being a kind and helpful classmate.
	Alex C	For being PREPARED for your learning by always having the things you need ready, contributing to class conversations and asking lots of questions.
Senior ML	Patrick L	For being PREPARED and ready to apply yourself to all learning opportunities in class. Keep up the great work Paddy!
	Shelby B	For being RESILIENT in your learning and challenging yourself to write a wonderful Soccer explanation text! Awesome effort!
Senior O	Matthew S	For being RESPONSIBLE with his learning by asking questions to extend and challenge his understanding of angles.
	Dimitri T	For being RESILIENT at school when faced with the challenges of moving around with a fractured foot.

YEAR 3/4

Upcoming events in 3/4:

- Yoga Club coming soon. Meeting on Monday in the Library with Ms Ana
- Prime Minister's Spelling Bee: We will be participating in class, please return * all consent forms ASAP
- Thanks for the tissue supply, keep them coming please
- \star We are looking forward to discussing the student learning and developments at Parent Teacher meetings next week, thanks for booking in
- \star We appreciate the wonderful efforts we are seeing in Homework recently, keep it going!

SOCIAL EMOTIONAL LEARNING

Identity can mean different things to different people. It might be about who you hang out with, what music you listen to, where you live or what ethnicity you are. Simply put - your identity is 'who you are'.

We are learning: to appreciate cultural diversity.

To be successful: I can recognise the similarities and differences between myself and a classmate.

pen licence

Both have brothers



We both like chromebooks We both have PS5s I have a dog and a cat and a fish Have pets I like Ronaldo/CR7 I have a pc My background is Italian



Dara Loves Messi

Has a soccer team I like to build Lego

My background is Trish

10 years old have a dog his name is Duke play tennis go swimming. l like the AFL I go for Hawks and

Collingwood



BOTH

Both like Lego

Both like Christmas

Nathaniel am 8 years old Both on Green I have fish team I go to the gym Both like Pizza Llike Hot Dogs Barrack for Carlton Both like Messi Both love our parents Both think dogs are better than cats





LOVES MESSI Has a soccer team I like to build Lego Has chickens My background is Trish

have a dog and a cat and a fieth have a dog and a cat filter panal do (CRT We knowled love

YEAR 3/4

Tiffany Has a sister Likes the colour blue Likes making art



Both Have sisters Brown eves Like playing outside Like bubble tea Like sushi

Mia Has 1 dog Has a brother and sister Has a fish







Elyssa

Girl Does circus Hazel eyes Taller than Stefan Slightly more tanned skin I haven't been on an aeroplane



Similarities:

In 34MO Same school Grade 3 Have an iPad Same runners Colour hair Youngest in family Italian backgrounds 3 first cousins Live with Mum and Dad

Stefan Boy Used to play socce Brown eyes Shorter than Elyssa Lebanese background



I have been on an aeroplane

EVAN A boy Likes soccer Likes afi Have a sister Am 9 and a half years old play for a footy club



Both in 34 MO Brown eyes An a in our names Play basketball Go for golden state warriors Like watching the NBA Like basketball Like Messi

ZARA From Lebanon Has a pet dog Has a kitty Likes playing with her dog and cat have two older brothers





Has a dog and 2 birds Born in Australia Has a sister Likes purple Likes art Like chips Light skin colour



Similarities

Grade 4 Same class Black hair Brown eyes Have friends N in their names South East Asian cultures Blue kathmandu puffer jackets

Namo

Kiki

Has a cat

Has short hair

Has a sister

Background Greek and

I have a dog and a fish Born in Thailand Have cousins Likes blue Likes sport and art Likes ramen Slightly more tanned Only child



BOTH

Live in Melbourne Go to St Paul's Have a pet In 3/4MO Grade three Love pasta Have small backyard



Chante Has a dog Background Italian Has no siblings Has long hair

FAMILY & COMMUNITY ENGAGEMENT (FACE)

Wednesday Special Lunches

Thank you to our wonderful parent community for giving up their time to organise and prepare our special hamburger lunch on Wednesday for the St Paul's children. This was certainly a favourite amongst our students.

Special lunch days would not be possible without the support of our school community.

If you would like to support our school with special lunches or any community events that occur throughout the year please contact the office or

email: Brunina FACE Leader - <u>bmoreno@spcoburg.catholic.edu.au</u>

The next Special 'Wednesday' lunch is on 6th September







RELIGIOUS EDUCATION

SACRAMENTS





God, our Father, we ask you to bless our students who are preparing to receive the Spirit of your love in the Sacrament of Confirmation.

As many of our year six students have begun their preparation to receive the Sacrament of Confirmation, it is an opportune time to reflect on our understanding of this sacrament.

The Sacrament of Confirmation builds on the sacraments of Baptism and Holy Communion and completes the process of initiation into the Catholic community. During Baptism, parents and godparents make promises to believe in God and the Church on a child's behalf. At Confirmation, the candidates renew those same promises, this time speaking for themself. During Confirmation, the focus is on the seven gifts of the Holy Spirit: wisdom, understanding, right judgment, courage, knowledge, reverence and wonder and awe. The Bishop will anoint each candidate and say "Be sealed with the Gift of the Holy Spirit"







During this time of preparation, there are some important decisions to be made:

Confirmation Name:

Candidates will be taking time to research Saints. They will also ask their sponsor and parents for guidance in choosing the right Confirmation name for them. Be sure to discuss your child's Confirmation name at home.

Confirmation Sponsor:

- A sponsor is a person who encourages, assists, and walks the faith journey with a Confirmation candidate to help them actively practice the Catholic faith before and after Confirmation.
- The sponsor also presents the Candidate to the Bishop at the celebration of Confirmation.

If you have any questions please contact me, Kim Simpson ksimpson@spcoburg.catholic.edu.au

An enrolment form (email) for this Sacrament was sent to Year 6 families in Term 2. **Sacrament of Confirmation: Friday September 1**

PREMIERS' READING CHALLENGE





Congratulations to the following students who have recently completed the Premiers' **Reading Challenge:**

5/6ML: Michael C Anastasia T

5/60: Edoardo F Dimitri T Clara M

Eloise M Hirad N

Pari V

PREP B: 3/4ST: Anica M

Matias M



Our whole school book tally is over 391 books read!

Please contact Ms Angela if you would like your child to enter the Premiers' Reading Challenge (agangi@spcoburg.catholic.edu.au)

The Premiers Reading Challenge is open to ALL students from Prep - Year 6 and is simply to encourage a love of reading and challenging yourself to read a variety of books & genres. **CHALLENGE RULES!**

Prep - Year 2 students must read/share 30 books to complete the Challenge Year 3 - 6 students must read 15 books to complete the Challenge ALL participants receive a certificate of completion or participation to celebrate their reading!

You can read more about the Reading Challenge here.

STUDENT BOOK REVIEW!

In order to encourage reading & books to read for the Premiers' Reading Challenge, we are featuring book reviews as recommended by the wonderful readers at St Paul's!

This week, Hugh S (Year 5/6ML) shares his book review of the hilarious new middle fiction series "Worst Week Ever -Monday'" by Eva Amores & Matt Cosgroves.

I really enjoyed reading 'Worst Week Ever - Monday'. It was really, really, really funny (and a bit gross!) I loved it and would recommend this series for young readers who enjoy toilet humor, funny stories and books! I would rate this book 9/10 stars because it is full of embarrassing dads, bus rides of doom, food poisoning and a small school uniform!

The 'Worst Week' series is available in our school library!









₩SCHOLASTIC

We're having a Book Fair!

As part of our Book Week Celebrations, we are hosting a Book Fair from Tuesday, 29 August — Tuesday 5th September

Opening times will be advised.

This is a wonderful opportunity to share the joy of the reading with your children.

All funds raised will support our library and class room literacy resources.

SUSTAINABILITY

St Pauls is now supporting the KIMBE project! This project organises shipping containers to be sent to Papua New Guinea to support their educational programs and health needs. The children in remote Papua New Guinea do not have access to many educational resources that we take for granted,

HOW CAN YOU HELP?

At St Paul's school, we are collecting a variety of things that children can use from Foundation to Year 12 which includes;

- Reading books
- Text books
- Encyclopedias
- Bibles
- Exercise books, folders, scrap books or Folios
- Pencils/ Markers
- Pencil sharpeners/Pencil Cases & erasers, rulers
- Crayons
- Scissors/Glue sticks
- Calculators
- Maths/English Activity Books
- Flash cards
- Blackboard Rulers/Protractors/Compass
- World Globe/Atlas
- Alphabet & Number blocks
- Maps and Educational Posters
- Musical Instruments esp guitars
- Excess sports equipment and netball skirts
- Disability aids: (Braille, Auslan, etc materials)

Note: The items do not need to be new, but in good quality

For more information visit:

Collections can be brought to school and placed in the large box in the upstairs corridor near the end office.

Help us give "a hand

up - not a hand out".

to students in need!

https://www.olhc.org.au/kimbe-assistance-project/ or contact Miss HIne

LUNCH TIME CLUB

YOGA

Namaste

This term, we will begin a Yoga Club at lunchtimes.

Yoga can be effective in helping children manage their health and wellbeing. It can help children's focus, self-regulate their emotions, build a sense of calmness as well as positivity and self-confidence. Also importantly, it can improve their strength and flexibility.

What happens at Yoga Club

Yoga Club runs on Mondays and Tuesdays in the Library.

Sessions include breathing exercises, individual and partner yoga poses, mindfulness and reflection, relaxation and meditation.



At Yoga Club we will usually begin with breathing exercises and a warm up to help centre and educate the children on the importance of breathing. This is followed by yoga poses, mindfulness, relaxation and meditation.

Our Yoga instructor is Miss Ana, a qualified Yoga Instructor.

If your child is interested in joining Yoga Club, please speak to them about coming to the Library on Monday July 31, at Lunchtime to find out more.

If you have any questions about Yoga Club, please contact Kim Simpson ksimpson@spcoburg.catholic.edu.au

CHILDREN'S PRAISE AND WORSHIP

All children from St Paul's & St Oliver's
School and Parishes are invited to join our
Praise and Worship
on Saturday 26th August
from 2pm - 3pm
at St Oliver Plunkett's Church,
Pascoe Vale

Come and join in the Singing, Scripture Verse and Sharing,

Join us for a cuppa after the service.

For more information please contact: Parish Office: 9354-1564 or 7036 9330

SCHOOL COMMUNITY



Limited time offer

5.55 % p.a.

12-month term investment with CDF Community Fund

By opening an account with CDF Community Fund, you are saving for a greater reward than money alone. Help build classrooms for students, churches for growing communities, hospital wings for the sick, aged care homes for the elderly and social service facilities for the most vulnerable.

It's a way to save while doing good.

Visit catholicdevelopmentfund.org.au/communityfund/offer to open an account and for disclosure details, or scan the QR code.





760 Sydney Road, Coburg - Entry via Gate 1 Presentation and tour takes approximately 90 minutes

Book online or call 9319 9299.





Join Pascoe Vale Hadfield Cricket Club

Catering for all age groups: - Junior Boys and All Girls

- teams
 Woolworths Junior and Master
- Blast Programs
- Senior Mens and Womens teams

Want more information???

Get in Touch

E:pascoevalehadfieldcc@gmail.com Facebook: @PVHCricketClub Instagram: p.v.h.c.c

www.playcricket.com.au

then search "Pascoe Vale Hadfield" and select our programs