

**Referendum
Polling
Booth**

VOTE AT

**ST PAUL'S
PRIMARY SCHOOL**

**BACON & EGG ROLL, SAUSAGE SIZZLE,
CAKE STALL, DRINKS**



SATURDAY, 14 OCTOBER, 8AM-3PM

SCHOOL HALL, 562 SYDNEY ROAD, COBURG



ST PAUL'S PRIMARY SCHOOL

NEWSLETTER

St Paul's Primary School is committed to the care, wellbeing and protection of children, young people and vulnerable people in our community



LORD,

**We pray for peace in Israel and Gaza –
for an end to hostilities and for peacemakers on both sides.**

Let us pray for the many people whose lives have been torn apart by this conflict

**We remember especially those who have died, those who are grieving, the injured and those now
without food, shelter or medical supplies.**

**We pray for those who have the power to bring peace.
May they be touched by a spirit of compassion and kindness.**

AMEN



Dates To Remember:

Term 4: Monday, 2 October - Friday, 15 December

OCTOBER:

Saturday 14: Referendum Voting Site-St Paul's Hall
Monday, 16: School Assembly - 3/4ST presenting
Thursday, 19: St Paul's Playgroup 9.30am - 11.30am
Friday, 27: Day For Daniel - wear a splash of red

NOVEMBER:

Wednesday, 1: Whole School Photo
Monday, 6: School Closure Day
Tuesday, 7: Melbourne Cup Day Public Holiday

DECEMBER:

Thursday, 7: Family Carols Evening
Monday, 11: Year 6 Graduation Mass
Friday, 15: Last Day of Term 4 for students

**ASSEMBLY!
MONDAY,
16 OCTOBER
3/4ST
PRESENTING**

A MESSAGE FROM OUR PRINCIPAL, MARIA MECURI

Dear Families,

This Saturday we look forward to opening up our school for the first time as a polling venue and to showcase all the wonderful things that happen here at St. Paul's.

Thank you to all our families for your generosity with the donations of **drinks** for the sausage sizzle and **cakes** for the cake stall. We received an overwhelming amount of donations. Thank you to our staff for organising the event and to our parent community who have generously volunteered their time on the stalls. Thank you to Audrey and Claire for organising the cake stall.

“When school staff, parent volunteer and students come together to work towards a common goal the entire community is strengthened”

REFERENDUM BBQ AND VOTING:

Come down to St Paul's and get a *referendum sausage*, buy a cake and cast your vote for the Voice to Parliament referendum. Our awesome senior student leaders will be selling cakes and our wonderful parents will be cooking bacon and eggs rolls and sausages. See you on Saturday!

**2023
REFERENDUM**

14 OCTOBER 2023

We Welcome Lenny, Year 3, to St Paul's. He has already had a great first week making lots of friends and enjoying all the great things St Paul's has to offer.

WELCOME
TO OUR
school



We pray for all people impacted by the current conflict in Israel and Gaza. We pray that there is a speedy and peaceful resolution and that love and peace will prevail.



Super Dooper- Each Friday we are selling Super Doopers. You can order these through CDF. See details in this newsletter.

SUMMER UNIFORM - Our weather has certainly been very strange in the first two weeks of term. We are transitioning from Winter to Summer Uniform. As the weather has been colder than usual we will allow another week, students will have the option to wear summer or winter uniform. From **Monday, 23 October** all students are expected to be wearing Summer Uniform.

‘No Hat, No Play.’

Please ensure your child has a school hat for outdoor play and activities.

Hats can be purchased from the office for \$11.30. (Limited stock)

MONDAY, 6 November- SCHOOL CLOSURE DAY

TUESDAY, 7 NOVEMBER - MELBOURNE CUP HOLIDAY



Will be open on Monday 6 November

HAPPY BIRTHDAY!

Wishing the following a
blessed & joyful birthday!



OCTOBER

Charlotte F - 12th
Alessio N - 12th
Miles N - 12th
Sasha M - 14th
Signora Tina S (staff) - 14th
Lex C - 15th
Mia M - 15th



HAPPY BIRTHDAY



OPTIMISTIC OCTOBER! -

Optimistic October 2023



SUNDAY

1 Write down three things you can look forward to this month

8 Make some progress on a project or task you have been avoiding

15 Thank yourself for achieving the things you often take for granted

22 Share a hopeful quote, picture or video with a friend or colleague

29 Plan a fun or exciting activity to look forward to

MONDAY

2 Find something to be optimistic about (even if it's a difficult time)

9 Share an important goal with someone you trust

16 Put down your to-do list and do something fun or uplifting

23 Recognise that you have a choice about what to prioritise

30 Identify three things that give you hope for the future

TUESDAY

3 Take a small step towards a goal that really matters to you

10 Take time to reflect on what you have accomplished recently

17 Take a small step towards a positive change you want to see in society

24 Write down three specific things that have gone well recently

31 Set a goal that brings a sense of purpose for the coming month

WEDNESDAY

4 Start your day with the most important thing on your to-do list

11 Avoid blaming yourself or others. Find a helpful way forward

18 Set hopeful but realistic goals for the days ahead

25 You can't do everything! What are your three priorities right now?

31 Set a goal that brings a sense of purpose for the coming month

THURSDAY

5 Be a realistic optimist. See life as it is, but focus on what's good

12 Look out for positive news and reasons to be cheerful today

19 Identify one of your positive qualities that will be helpful in the future

26 Find a new perspective on a problem you face

31 Set a goal that brings a sense of purpose for the coming month

FRIDAY

6 Remind yourself that things can change for the better

13 Ask for help to overcome an obstacle you are facing

20 Find joy in tackling a task you've put off for some time

27 Be kind to yourself today. Remember, progress takes time

31 Set a goal that brings a sense of purpose for the coming month

SATURDAY

7 Look for the good in people around you today

14 Do something constructive to improve a difficult situation

21 Let go of the expectations of others and focus on what matters to you

28 Ask yourself, will this still matter a year from now?

31 Set a goal that brings a sense of purpose for the coming month



ACTION FOR HAPPINESS

Happier · Kinder · Together

STUDENT OF THE WEEK

TO BE PRESENTED AT ASSEMBLY ON MONDAY, 16 OCTOBER

Class	Name	Awarded for...
Prep D	Gianna P	For being RESPONSIBLE by being her best at all times, working hard and pushing herself to achieve her writing goal. Well done!
	Harrison G	For being RESPECTFUL by always using his manners, speaking to others with kindness and always offering to help. Great job!
Prep B	Phoebe	For being a RESPONSIBLE and independent learner who applies her best efforts into her school work. Well done!
	Chantelle	For being Respectful . Chantelle has a willingness to help others demonstrating kindness through her words and actions.
1/2 A	Lukas W	For moving calmly and safely though the school at all times. Well done!
	Shivans A	For being PREPARED for learning and trying his best with maths tasks. Well done!
1/2 G	Joshua S	For beginning to demonstrate RESILIENCE with his morning routine and school drop off.
	Christian R S	For being Respectful towards his teachers and classmates. Way to go!
1/2 P	Swarnim K	For always being PREPARED for learning, participating with enthusiasm in all tasks and collaborating well when working in a group. Well done!
	Yianni K	For being RESPECTFUL towards others, and always demonstrating kindness through his words and actions. Keep it up Yianni!
3/4 DM	Matteo V	For being RESPONSIBLE and by approaching all learning opportunities with commitment and with a positive attitude. Keep it up Matteo!
	Annabel C	Annabel is always RESPECTFUL to her peers. She is polite in her conversations and a wonderful class member because of this respectful attitude. Well done Annabel!
3/4 MO	Chelsea Y	SAFE: You support our classroom by caring for our belongings and working hard to keep things clean and organised for our learning.
	Evan B	RESPONSIBLE: You manage your learning by following instructions and by working through challenges independently.
3/4 ST	Joden G	For being RESPONSIBLE in his learning and safety during class time and play time. Keep up the awesome work Joden
	Aoibheann O'D	For being PREPARED and ready to apply herself to all learning opportunities in class. Keep up the great work Aoibheann!!
Senior H	Chanel A	For always being RESPECTFUL , you show kindness and are friendly towards others.
	Prithvi T	For being a RESPONSIBLE learner by actively engaging in classes and asking lots of questions!
Senior ML	Emilia G	For being PREPARED and ready to apply herself to all learning opportunities in class. Keep up the great work Emilia!
	Jake E	For settling back into school after an extended holiday and being PREPARED and focused during lessons. Well done Jake!
Senior O	Panagiotis Z Laura B	For being PREPARED and working hard to improve his reading comprehension. For always being a RESPECTFUL and kind member of the class.

FROM THE DEPUTY PRINCIPAL

Australia's largest child safety education and awareness day

DAY FOR DANIEL

Friday 27 October, 2023

Dear Families,

Day for Daniel is held annually on the last Friday of October and honours the memory of Daniel Morcombe. On this day, the children are invited to wear a **splash of red** as we continue to learn about child safety. Children will be learning about personal safety in their classrooms and we encourage these conversations to extend to the wider community and into your households.



That's Suss

Please note some of the parent friendly resources on the website. This is an opportunity to engage in some helpful conversations at home in a safe and respectful manner. If you have any questions, please let me know.

[eSafety Challenge - Parent & carer guide](#)



Term 4, 2023

Free eSafety parent and carer webinars

Join eSafety's expert education team for a free live webinar designed for parents and carers.

Term 4 topics:

- **Wellbeing and digital technologies (30 minutes)**
For parents and carers of young people in secondary school.
- **Getting the most out of gaming (45 minutes)**
For parents and carers of children aged 7 to 14.
- **Navigating online friendships (30 minutes)**
For parents and carers of young people in secondary school.
- **Getting started with social media: TikTok, YouTube, Instagram (30 minutes)**
For parents and carers of young people in primary and secondary school.

For more information and to register now: eSafety.gov.au/parents/webinars



This term the eSafety commissioner has once again released some great parent webinars. The focus is around online issues such as gaming, wellbeing and digital technology, online friendships and social media. These webinars are strongly recommended for parents in supporting their children's wellbeing while online.

UNIFORM

UNIFORM REMINDERS

Thank you to all families for ensuring your children are in the correct school uniform.

School Shoes: Black shoes - all black soles - are part of the St Paul's uniform. Children can wear runners on their sports day. Some black school shoes examples include:



Earrings Only stud earrings can be worn. For safety reasons no dangling earrings to be worn.

Hair Ties Reminder: Long hair should be tied back in black or blue hair ties. All hair accessories (eg. clips, ribbons, headbands) to be blue, black or white in colour.

SECOND HAND UNIFORMS

- \$10 an item
- Email - office@spcoburg.catholic.edu.au
- Packed and processed on a Wednesday only

NEW UNIFORMS CAN BE PURCHASED FROM SPARTAN WORLD UNIFORM SUPPLIER

Website: www.spartanschoolworld.com.au

Phone: online shop 1800 815 557

Email: onlineorders@spartanss.com.au

Shop: Spartan School World 97 Main Road, Lower Plenty
Monday, Wednesday, Friday: 12pm - 5pm
1st Saturday of every month: 9am - 12pm



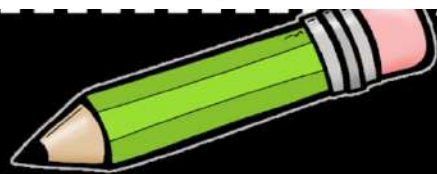
- Spartan deliver to school or home for a delivery fee of \$9.95.
- Returns of incorrect sizes can be arranged directly through Spartan.
- Orders from Spartan are dispatched on Wednesday and delivered to school on Thursday.

WHOLE SCHOOL PHOTOS

Whole School Photos will be on Wednesday 1 November 2023

All children to be in summer uniform

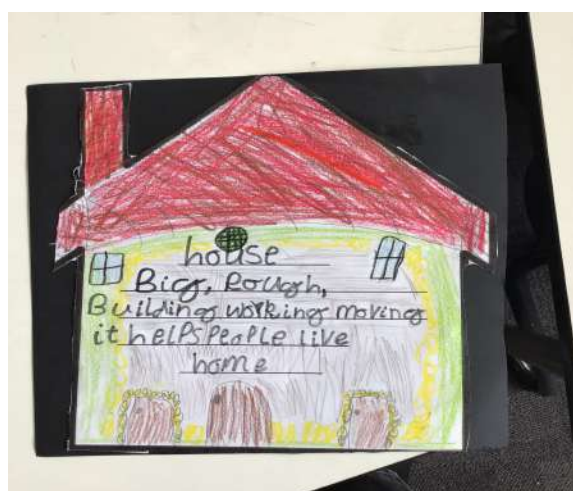
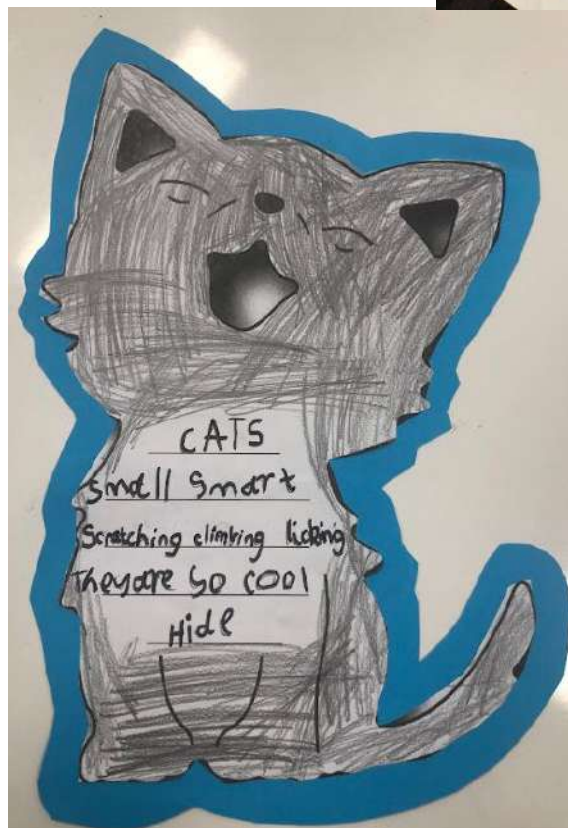
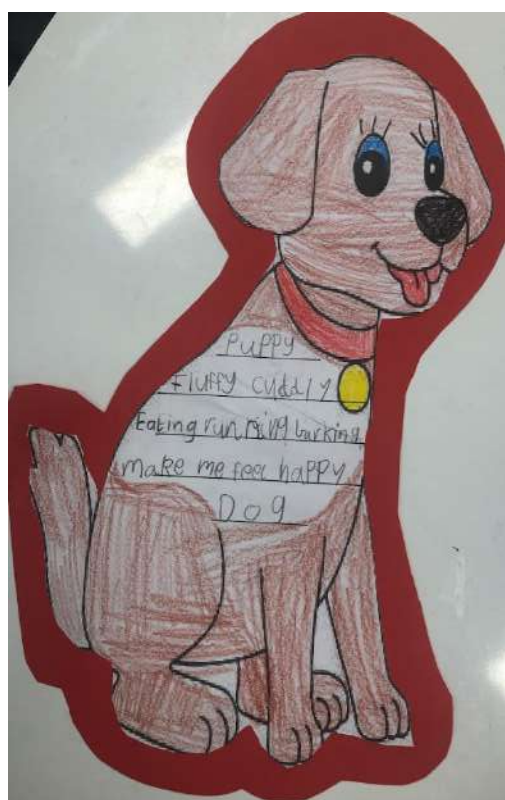
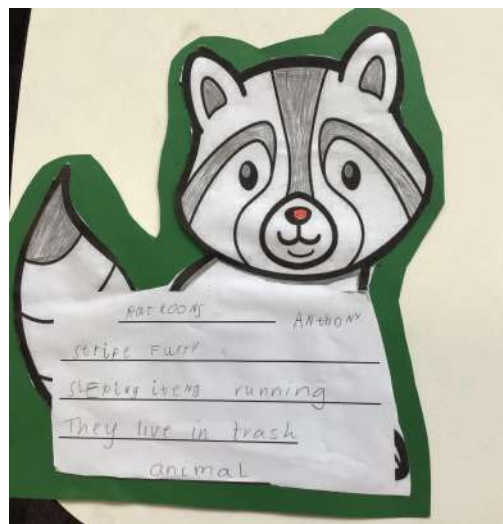
Poetry



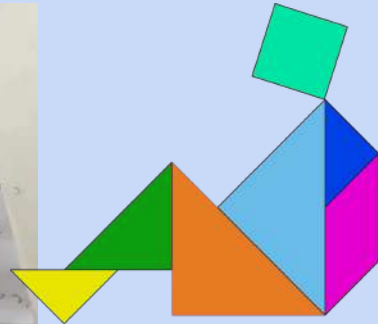
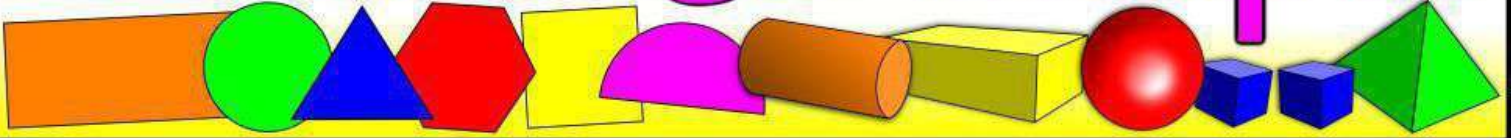
WHAT IS A CINQUAIN POEM?

A cinquain is a five-line poem that does not rhyme, but follows a set pattern:

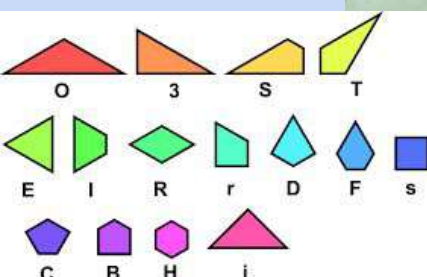
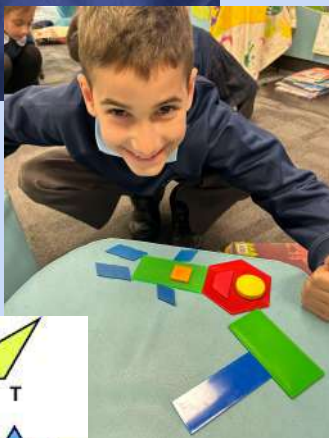
- LINE 1: Subject Title
- LINE 2: Two adjectives to describe the title.
- LINE 3: Three action words (verbs) ending in -ing.
- LINE 4: A short sentence about the title (4 words).
- LINE 5: One word related to the title.



2D and 3D Shapes



Can you spot a quadrilateral?



What is a trapezium?

PERFORMING ARTS

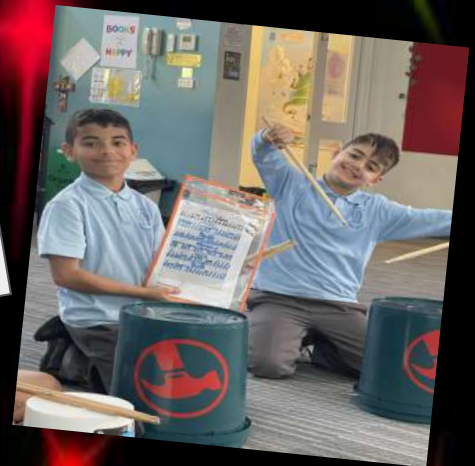
Preps showed us how the musical element - dynamics can change from 'pianissimo' - very soft/quiet, to 'fortissimo' - very LOUD using their voices and bodies!



1/2s completed their unit - 'Music from Around the World' beautifully by dancing to music from different countries, identifying instruments and dances they had learned.



3/4s created their own rhythms to perform on their bucket drums using eight bar rhythm cards.



Seniors completed their 'Music in Film' unit by creating their own composition to a film scene.





SAVE THE DATE

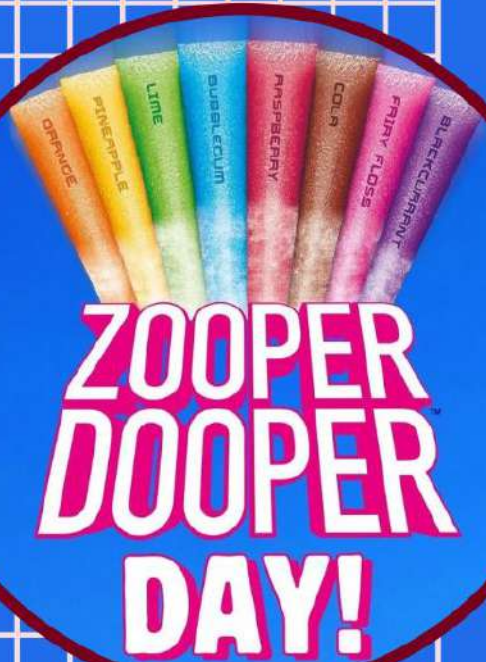
Thursday
7th December
2023

Christmas Carols



ST PAUL'S
PRIMARY SCHOOL
COBURG





EVERY FRIDAY
STARTING WEEK 2
\$1.00 EACH

**PURCHASE
VIA CDF PAY**

Brought to you by our student
leaders and the P&F committee



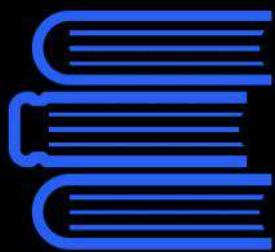
CLASSROOM CUISINE

Classroom Cuisine is our online lunch order system. It is a convenient and user friendly service providing high quality school lunches at an affordable price.

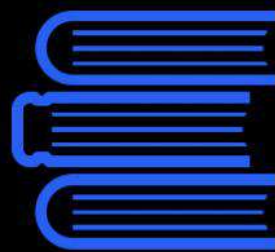
Classroom Cuisine delivers lunches to St Paul's on **FRIDAY**.

The menu is available online.

Please visit the website below and register your child and order lunches-
classroomcuisine.com.au



TheirCare
where Kids love to be!



Week 1

Our first week at Saint Paul's we prioritised and had heaps of fun meeting and getting to know the children and their families.

The children expressed their interests, values and strengths through play and child's voice which we were able to support and gain understanding of what they would like to have included in their service whilst learning and playing in the program for term 4.

The children coloured in and filled out, 'All about me' templates which we have displayed on the walls as well as some spring flower art.



Week 2

Week 2 of term 4, the children had 'Safari' week which included a range of different art experiences, word searches, crosswords and games.

As the weather started to warm up again we also included the children's sporting interests outdoors such as Basketball and gymnastics/stretching.

Inside the children were able to have free play in activities that were set out and initiated from their interests from the week of getting to know everyone.

We are excited to tell you all about our Sports week, next week for week 3 of term!



No Hat No Play

Term 4 we require that the children wear hats and sunscreen. We will provide the sunscreen on arrival to the program please ensure the children have hats.

Childs Voice;

Eve - "I love TheirCare because I can play with my friends"

Georgia - "I like that I can dance with my teacher and friends"

Lenny - "I really like that dinosaurs they have for me at TheirCare"

Emilia - "I like that my teachers are so nice"

Tom - "I like that I can practice my basketball with my friends, doing hoops"



TIMES

Before School: 7.00 am - 8.50 am

After School: 3.30 pm - 6.00pm

Holidays: 7.00 am - 6.00 pm

CONTACT HEAD OFFICE



1300 072 410



info@theircare.com.au

We're getting ready for FUN!



TheirCare are proud to work in partnership with St Paul's Primary School Coburg to provide quality Outside School Hours Care to your school community, commencing in Term 4 2023.

Learn more at www.theircare.com.au
or call 1300 072 410

Our school has partnered with an independent provider called TheirCare to provide exceptional **Outside School Hours Care** services for our school community.

The program is available for all children at St Paul's Primary School Coburg from **7:00am** until **8:45am** in the morning and from **3:30pm** until **6:00pm** each school day.

During **School Holidays & Pupil Free Days** the service will operate from **7:00am** until **6:00pm**.

Families wishing to use this service can visit the TheirCare website: www.theircare.com.au

Families are eligible for a Government Rebate called the **Child Care Subsidy** which can reduce the cost per session by up to 90%.

More information can be obtained by contacting the school or ringing **TheirCare Support Team** on 1300 072 410.

TheirCare provides a stimulating and safe environment for all children. During sessions, children develop **life-skills, friendships, confidence** and **creativity** through play-based programs.

PARISH NEWS



CHRIST IS RISEN AND HE LOVES YOU!
COME AND LISTEN TO THE GOOD NEWS!

Talks on MONDAYS and THURSDAYS
beginning 2nd of October at 7:30 pm

Location: St. Paul's Catholic Church
562 Sydney Rd Coburg VIC 3058 in the Hall,
O'Connor Building

Enquiries Call:
Colin 0407346413
Fr. Joseph 0409585806

For Further Information



Free Babysitting Provided Upon Request

COBURG CRICKET CLUB WOOLWORTHS JUNIOR BLASTERS PROGRAM

**FOR ALL 5-10 YEAR OLD
BOYS AND GIRLS
COME AND HAVE HEAPS
OF FUN!**

register at PlayHQ

<https://www.playhq.com/cricket-australia/register/60333b>

or contact

BILL TUCKNOTT

0422 954 325

tucky1856@gmail.com



GO GIRLS



GO Girls Program

GO Girls is a fun, social football program for 8-16 year old girls.

Specifically designed for any and every girl, no matter their skill level.

GO Girls is non-competitive and you will learn skills whilst having a lot of fun.

Come along or bring a friend and get a taste for the game with a FREE 5-Week program through Football Victoria and Merri-Bek City Council!

Location: Clifton Park, 377 Albert Street, Brunswick VIC, 3056

Dates: Thursdays 5/10/2023 - 2/11-2023

Time: 4:30pm - 5:30pm

Cost: FREE

REGISTER HERE



#FootballHerWay

FOR MORE INFORMATION:
INFO@GOFOOTBALL.COM.AU | GOFOOTBALL.COM.AU



MERCY COLLEGE

ABSTRACT EXPLOSION ART PROGRAM

FOR FOR GIRLS IN YEARS 4 TO 6



An exciting four week art program where students will be creating an abstract painting as a way of understanding various painting techniques.

WHEN

THURSDAY 26 OCTOBER AND
THURSDAY 2, 9, 16 NOVEMBER 2023
4.00PM - 5.00PM

WHERE

MERCY COLLEGE
760 SYDNEY ROAD COBURG 3058
ENTRY VIA GATE 1

COST

\$20.00



BOOK NOW

WWW.TRYBOOKING.COM/CMKMG