



ST PAUL'S PRIMARY SCHOOL

NEWSLETTER

St Paul's Primary School is committed to the care, wellbeing and protection of children, young people and vulnerable people in our community

LORD,

Thank you for all our TEACHERS.

*Thank you for the way in which they give of themselves each day in the classroom,
Serving and instructing our children.*

Please fill their hearts with courage by your almighty Spirit.

Fill them with your strength, so they may rise to every challenge and not grow weary.

*Fill them with your wisdom, so that they may be able to make good judgement when
guiding and helping our children.*

*Fill them with your peace, so that when stress and anxiety comes
it would not overwhelm them.*

Fill them with your joy, so that the passion they have for their work

may become a infectious passion that spreads.

We ask all this in the wonderful name of Jesus.

AMEN



Dates To Remember:

Term 4: Monday, 2 October - Friday, 15 December

OCTOBER:

Monday, 30 : School Assembly Year 3/4MO presenting

NOVEMBER:

Wednesday, 1: Whole School Photo Day (Summer uniform)

Monday, 6: School Closure Day

Tuesday, 7: Melbourne Cup Day Public Holiday

Thursday, 30: Final P&F meeting for 2023 @ 2.30pm

DECEMBER:

Thursday, 7: Family Carols Evening

Monday, 11: Year 6 Graduation Mass

Friday, 15: Last Day of Term 4 for students



ASSEMBLY!
MONDAY,
30 OCTOBER
3/4MO
PRESENTING

St Paul's acknowledges that our school is on the land of the Wurundjeri people of the Kulin Nation and pay our respects to their elders, past, present & future

A MESSAGE FROM OUR PRINCIPAL, MARIA MECURI



World Teachers Day

Today we celebrate World Teachers Day, a day where we recognise the contributions that our St Paul's teachers bring to our children. We thank our teachers, for their care for our children and for juggling the demands of all that they do within their roles.

I would like to take this opportunity to thank all the passionate teachers and leaders at St Paul's who go above and beyond what is expected every day to ensure our children have the best opportunity to learn and grow. I feel privileged to be working with such a dedicated staff. Our children wrote some beautiful heartfelt messages to their teacher. We are so very blessed to have such inspiring teachers and staff.

We celebrated the day with a special morning tea. Thank you to our parents Adele (Adam), Teresa (Anica & Matias), Cathy (Leon), Sandra (Matteo) for the wonderful, and delicious treats that they provided for our staff to enjoy morning tea.



MONDAY, 6 November- SCHOOL CLOSURE DAY

TUESDAY, 7 NOVEMBER - MELBOURNE CUP HOLIDAY



Will be open on Monday 6 November

FROM THE PRINCIPAL

Class Groupings for 2024 – We are currently in the process of developing our class groupings for 2024. If you have any information we need to be aware of, that may impact on your child's learning in 2024, please email me at principal@spcoburg.catholic.edu.au

SUMMER UNIFORM - All children should be wearing Summer Uniform.

'No Hat, No Play.'

Please ensure your child has a school hat for outdoor play and activities. Hats can be purchased from the office for \$11.30. (Limited stock)

GOOD
LUCK IN
YOUR
EXAMS!



VCE GOOD LUCK to ALL families who have children sitting VCE exams!
We wish them all the very best.

CONGRATULATIONS

Congratulations to Emma 3/4D who competed in the Inter-School Chess State Semi-Final for Primary Open Division. She won the Girls Gold Medal and will compete in the Primary Open Grand Final and the Primary Girls State Grand Final. Well done Emma and Good luck in the upcoming competitions.

WHOLE SCHOOL PHOTO REMINDER

Wednesday, 1 November, 2023

All children to be in **Summer Uniform**

Christmas Carols - Our carols evening will be held on **Thursday, 7 December** beginning with a sausage sizzle and then the children will entertain us with carols. It will be great to see all families together to end the year. Mrs Leah Marino and the classroom teachers have been working with the children to present Christmas carols through the Christmas story. More details to follow in the coming week.



2024 Back to School dates

In 2024 school begins on Wednesday, 31 January for children

HAPPY BIRTHDAY!

Wishing the following a
blessed & joyful birthday!



OCTOBER



Ms Ana C (staff) - 21st
Orlando L G - 23rd
Tyra W - 23rd
Azaria F - 26th
James T - 26th
Hugh S - 28th
Ms Sharon & Ms Gabi - 31st (staff)

HAPPY BIRTHDAY



OPTIMISTIC OCTOBER! -

Optimistic October 2023



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1 Write down three things you can look forward to this month

2 Find something to be optimistic about (even if it's a difficult time)

3 Take a small step towards a goal that really matters to you

4 Start your day with the most important thing on your to-do list

5 Be a realistic optimist. See life as it is, but focus on what's good

6 Remind yourself that things can change for the better

7 Look for the good in people around you today

8 Make some progress on a project or task you have been avoiding

9 Share an important goal with someone you trust

10 Take time to reflect on what you have accomplished recently

11 Avoid blaming yourself or others. Find a helpful way forward

12 Look out for positive news and reasons to be cheerful today

13 Ask for help to overcome an obstacle you are facing

14 Do something constructive to improve a difficult situation

15 Thank yourself for achieving the things you often take for granted

16 Put down your to-do list and do something fun or uplifting

17 Take a small step towards a positive change you want to see in society

18 Set hopeful but realistic goals for the days ahead

19 Identify one of your positive qualities that will be helpful in the future

20 Find joy in tackling a task you've put off for some time

21 Let go of the expectations of others and focus on what matters to you

22 Share a hopeful quote, picture or video with a friend or colleague

23 Recognise that you have a choice about what to prioritise

24 Write down three specific things that have gone well recently

25 You can't do everything! What are your three priorities right now?

26 Find a new perspective on a problem you face

27 Be kind to yourself today. Remember, progress takes time

28 Ask yourself, will this still matter a year from now?

29 Plan a fun or exciting activity to look forward to

30 Identify three things that give you hope for the future

31 Set a goal that brings a sense of purpose for the coming month



ACTION FOR HAPPINESS

Happier · Kinder · Together

FROM THE DEPUTY PRINCIPAL

Wellbeing

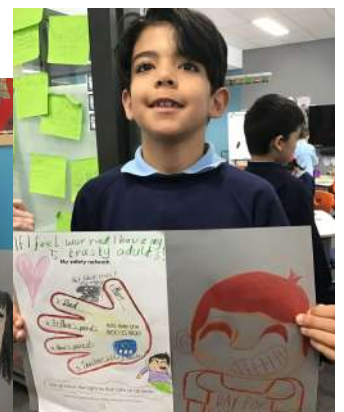
The best way to speak to our children about the current war...



As images of war unfold in the Middle East, parents are left wondering how to tell their children what is going on in Israel and Gaza. Professor Lea Waters from the University of Melbourne has shared some very insightful information about how we share sensitive and confronting information with our children. It's important to balance the need to protect our children from the news as well as equip them to be able to handle their emotions when they are dealing with it.

With young children, it's about keeping it very simple and dealing with simplified facts and their feelings. As parents we ask: 'Should we start a conversation or should we wait for our children to come to us?' The answer is simple - tune into your children. Children will often give us signals about how they are feeling. Explore this with your child. It's important to talk about emotions with your child. Go for a walk, write it down, share feelings. We need to equip our children to deal with life's realities. You might be wondering - do I shield my child from the media and news stories? Co-viewing is always an important part of helping your child to understand. It's important to have open dialogue with your child - tell me what you're hearing? It's important to inform our children but not overwhelm them. Context is the key. Show your child a map, inform them about how far away the war is. Explain - This has been happening for a long time, the war didn't just happen. It's important to have compassion for both sides and everyone involved. For the full clip and further information about talking to your child, please see [Expert Reveals the Best Way to Speak to Kids](#)

DAY FOR DANIEL



STUDENT OF THE WEEK

TO BE PRESENTED AT ASSEMBLY ON MONDAY, 30 OCTOBER

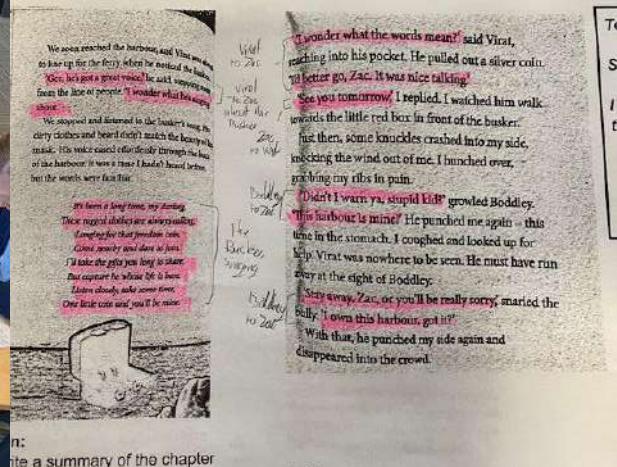
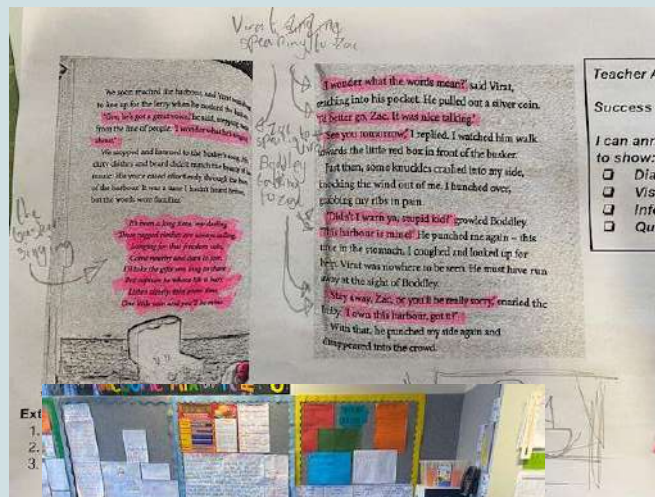
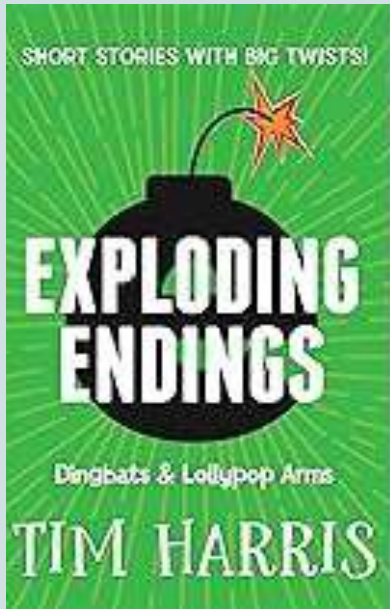
BE
RESPECTFUL
RESILIENT
SAFE
PREPARED
RESPONSIBLE

Class	Name	Awarded for...
Prep D	Henry D	For being RESPONSIBLE by working hard to be his absolute best at all times and being prepared to learn. Well done!
	George C	For being RESILIENT by pushing himself to try new things and always striving to do his best work. Great job!
Prep B	Adam I	For being a KIND and CARING friend who uses encouraging words and shows qualities of a Jesus person. Well done!
	James R	For being a KIND and CARING friend who uses encouraging words and shows qualities of a Jesus person. Well done!
1/2 A	Chanelle M	For being PREPARED and confidently presenting her Show and Share this week. Well done!
	Lucas V	For being a KIND and RESPECTFUL friend who uses encouraging words. Well done!
1/2 G	Joshua N	For showing amazing growth as a RESPONSIBLE learner in our class. Way to go Joshua!
	Arion T	For consistently being PREPARED with his self regulation reset tools between each learning session. Fabulous effort!
1/2 P	Ava B	For being RESILIENT and demonstrating a "can do" attitude by reading her poem at our class assembly. What a great achievement Ava!
	Lucas Z	For being PREPARED for learning at all times, working collaboratively with others and always striving to do and be his best. A great effort Lucas!
3/4 DM	Isabella U	For being RESPECTFUL . Regularly communicating with staff and students politely and with her best manners. A great listener with a positive attitude to her peers. Keep it up Isabella!
	Chloe H	For being a RESPONSIBLE learner. She stays on tasks and is regularly asking the teacher for ways in which she can extend herself during classroom tasks. Keep it up Chloe!
3/4 MO	Nikolas	Being RESPECTFUL . Walking into other classrooms and waiting patiently when needing to see a teacher.
	Isaac K	Being RESPONSIBLE . You are an amazing line marshall! We really appreciate how you get the class ready for learning after each break.
3/4 ST	Noor S	For being PREPARED each day to put her best effort into all classroom activities. Well done Noor!
	Ramon G	For showing RESILIENCE by bouncing back positively when he has faced a challenge. Well done Ramon!
Senior H	Olivia H	For being PREPARED for learning by always having everything you need and engaging in your lessons!
	Sofia H	For being RESPECTFUL and kind towards others, and listening to your teachers.
Senior ML	Anastasia T	For being a PREPARED and RESPONSIBLE student who is always ready to apply herself to all learning opportunities in class. Keep up the great work Anastasia!
	May T	For being RESILIENT in your learning, approaching tasks with enthusiasm and seeking clarification when you need it. Great effort May!
Senior O	Hirad N	For being RESPECTFUL in the classroom in his interactions with others.
	Celine M	For being PREPARED in the classroom and applying effort to completing learning tasks.

BE
RESPECTFUL
RESILIENT
SAFE
PREPARED
RESPONSIBLE

SENIORS

In Seniors we are following our reading structure of Whole class focus, Teacher Conferences, and applying our learning in focused groups. This week we have been learning about dialogue, visualising, inferring and questioning through analysing Tim Harris' book 'Exploding Endings'.



INQUIRY

St Paul's Bush Tucker Garden

Over the last two terms the 3-6 children have worked to research, design and plant our St Paul's Bush Tucker garden. Our new garden beds have now begun to be filled with a range of native and sensory plants. The Prep-2 students, as part of their Inquiry unit, have been learning all about what plants need to grow and survive. They will be responsible for caring for our garden until the end of the year. We can't wait to see what grows!



Plants ready for the garden beds



We experimented with different soil types



Our hothouse will be used to nurture the growth of plants from seed to seedlings



SAVE THE DATE

Thursday
7th December
2023

Christmas Carols



ST PAUL'S
PRIMARY SCHOOL
COBURG



UNIFORM

UNIFORM REMINDERS

Thank you to all families for ensuring your children are in the correct school uniform.

School Shoes: Black shoes - all black soles - are part of the St Paul's uniform. Children can wear runners on their sports day. Some black school shoes examples include:



Earrings Only stud earrings can be worn. For safety reasons no dangling earrings to be worn.

Hair Ties Reminder: Long hair should be tied back in black or blue hair ties. All hair accessories (eg. clips, ribbons, headbands) to be blue, black or white in colour.

SECOND HAND UNIFORMS

- \$10 an item
- Email - office@spcoburg.catholic.edu.au
- Packed and processed on a Wednesday only

NEW UNIFORMS CAN BE PURCHASED FROM SPARTAN WORLD UNIFORM SUPPLIER

Website: www.spartanschoolworld.com.au

Phone: online shop 1800 815 557

Email: onlineorders@spartanss.com.au

Shop: Spartan School World 97 Main Road, Lower Plenty
Monday, Wednesday, Friday: 12pm - 5pm
1st Saturday of every month: 9am - 12pm



- Spartan deliver to school or home for a delivery fee of \$9.95.
- Returns of incorrect sizes can be arranged directly through Spartan.
- Orders from Spartan are dispatched on Wednesday and delivered to school on Thursday.

WHOLE SCHOOL PHOTOS

Whole School Photos will be on Wednesday 1 November 2023

All children to be in summer uniform



**ZOOPER
DOOPER
DAY!**

**EVERY FRIDAY
STARTING WEEK 2**

\$1.00 EACH

**PURCHASE
VIA CDF PAY**

Brought to you by our student
leaders and the P&F committee



CLASSROOM CUISINE

Classroom Cuisine is our online lunch order system. It is a convenient and user friendly service providing high quality school lunches at an affordable price.

Classroom Cuisine delivers lunches to St Paul's on **FRIDAY**.

The menu is available online.

Please visit the website below and register your child and order lunches-
classroomcuisine.com.au

SCHOOL COMMUNITY

DESIGN A CHRISTMAS CARD!

Every child at St Paul's is invited to design a Christmas card that our local member Anthony Cianflone will use to send to the community this Christmas. In previous years, many of our students have won a prize for their beautiful artwork. **Your artwork can be on a separate A4 sheet of paper.** Please hand in to the office. **Please return your artwork to the office by 1 November.**



**DRAW A
CHRISTMAS
CARD**

THEME: 'Peace, joy and love this Christmas.'

The winning design will appear on a Christmas Card and message to be distributed across the community. With full credit given to the winning student.

PRIZES

- \$100 book voucher for the illustrator of the winning design
- \$100 book voucher for the school with the winning design
- \$50 book voucher for the illustrator of the best design in every school
- Certificate for every student who participates

YOUR DRAWING HERE ↘



Please submit your design to your school office by the **1st Of November 2023**

Anthony Cianflone MP

State Labor Member for Pascoe Vale

anthony.cianflone@parliament.vic.gov.au [AnthonyCianfloneMP](https://www.facebook.com/AnthonyCianfloneMP)
180 Gaffney Street Coburg North, 3058 9354 9935

Halloween *at Pentridge*

Tuesday 31st October 2023
3:30pm – 5:30pm

Start your Halloween
at Pentridge



We're getting ready for FUN!



TheirCare are proud to work in partnership with St Paul's Primary School Coburg to provide quality Outside School Hours Care to your school community, commencing in Term 4 2023.

Learn more at www.theircare.com.au
or call 1300 072 410

Our school has partnered with an independent provider called Their Care to provide exceptional **Outside School Hours Care** services for our school community.

The program is available for all children at St Paul's Primary School Coburg from **7:00am** until **8:45 am** in the morning and from **3:30pm** until **6:00pm** each school day.

During **School Holidays & Pupil Free Days** the service will operate from **7:00 am** until **6:00pm**.

Families wishing to use this service can visit the TheirCare website: www.theircare.com.au

Families are eligible for a Government Rebate called the **Child Care Subsidy** which can reduce the cost per session by up to 90%.

More information can be obtained by contacting the school or ringing **TheirCare Support Team** on 1300 072 410.

TheirCare provides a stimulating and safe environment for all children. During sessions, children develop **life-skills, friendships, confidence** and **creativity** through play-based programs.

PARISH NEWS

CHRIST IS RISEN AND HE LOVES YOU!
COME AND LISTEN TO THE GOOD NEWS!

Talks on MONDAYS and THURSDAYS
beginning 2nd of October at 7:30 pm

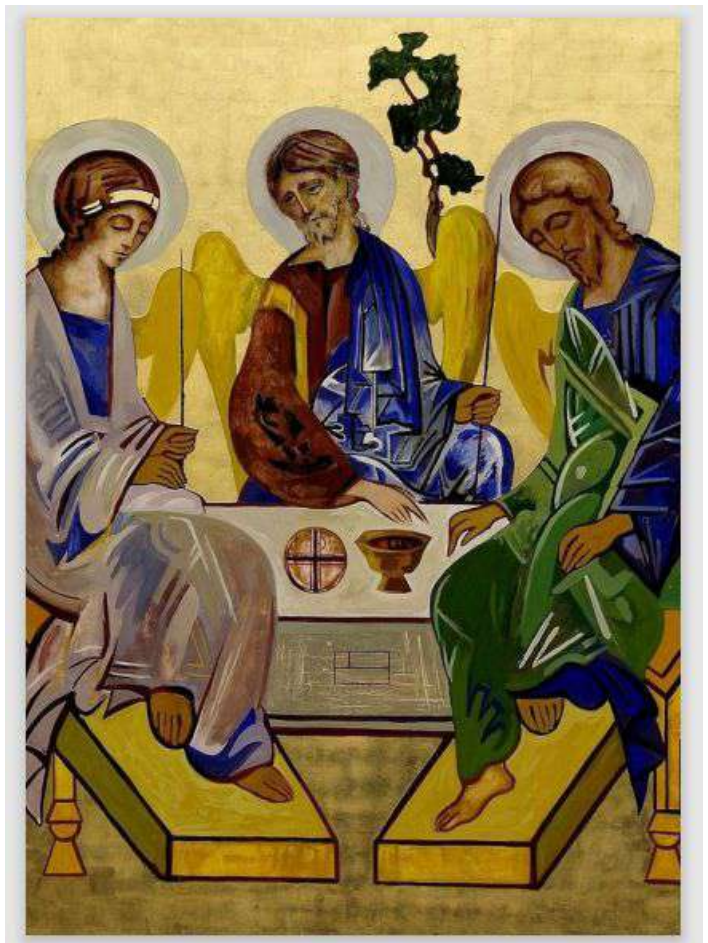
Location: St. Paul's Catholic Church
562 Sydney Rd Coburg VIC 3058 in the Hall,
O'Connor Building

Enquiries Call:
Colin 0407346413
Fr. Joseph 0409585806

For Further Information



Free Babysitting Provided Upon Request



NATIONAL RIDE2SCHOOL DAY

Poster competition!

Our National Ride2School Day poster competition is back so it's time to get creative!

We're asking students to help us design our official poster for National Ride2School Day on **Friday 22 March 2024** by showing us their favourite way of actively travelling to school.

The winning student's design will be shared with schools across Australia - **plus they'll win a brand new bike and helmet!**

Download the flyer below and share with your students to get started.

Entries close Thursday 30 November 2023.

ENTER NOW



How to enter

1. Simply show us your favourite way to get to school (ride, walk, scoot or skate) by drawing in the box on Page 2.
2. Make sure you fill in your details so that we can contact you and your school if you win.
3. Scan the completed form (Page 2 only) and email to ride2school@bicyclenetwork.com.au or mail to Bicycle Network, 4/246 Bourke Street Melbourne 3000

Competition closes Thursday 30 November 2023 and winner will be notified via contact details provided.

Terms and Conditions of this competition can be found on Page 3.

National Ride2School Day poster competition



Student name: _____

School: _____ Year level: _____

Teacher name: _____

Teacher email: _____

NATIONAL
RIDE2SCHOOL
DAY
Friday 22 March 2024